

# **Brené Brown, Ph.D., MSW**

*Curriculum Vitae*

---

## **EDUCATION**

**Doctor of Philosophy in Social Work, University of Houston  
Graduate College of Social Work, 2002**

*Phi Kappa Phi Honor Society*

**Master of Social Work, University of Houston Graduate College of Social Work, 1996**

*Phi Kappa Phi Honor Society*

Concentration: *Political Social Work*

**Bachelor of Social Work, The University of Texas at Austin, 1995**

Recipient of the *Booker T. Washington Scholarship for Academic Achievement*

Recipient of the *UT School of Social Work Project Prepare Stipend for Commitment to Children's Issues.*

---

## **EMPLOYMENT**

**Brené Brown Education and Research Group**

July 2016 - Current, Founder and CEO

**University of Texas at Austin – McCombs School of Business**

February 2020 – Current, Visiting Professor of Management

**University of Houston Graduate College of Social Work**

August 2004 – Current, Research Professor, Huffington Foundation Endowed Chair

August 2002 – May 2004, Assistant Professor of Social Work

January 1998 – May 2002, Adjunct Faculty

*Behavioral Health Scholar-in-Residence at The Council on Alcohol and Drugs Houston 2008-2009*

*United Nations Decade of Non-Violence Peacemaker Award 2005*

*Outstanding Faculty Award 2004*

*Who's Who in Social Science Higher Education 2004*

**University of Houston – Clear Lake School of Human Sciences and Humanities**

**June 2000 – June 2001, Assistant Professor, Director, (BSW) Program**

*Developed BSW program mission and objectives, curriculum, admissions criteria, policies and procedures, program budgets for FY2000 and FY2001; advised all potential BSW students; facilitated ongoing communication with CSWE accreditation staff; developed UHCL BSW Advisory Committee; planned and facilitated CSWE candidacy visit; and taught BSW level social work courses, undergraduate and graduate psychology courses and undergraduate and graduate sociology courses.*

**Neighborhood Centers Inc., Houston, Texas**

September 1996 – June 1999

*Academic Liaison (6/97- 2/98): Developed an internship placement program for the agency. Responsible for the recruitment, coordination, and supervision of bachelor and graduate level social work interns from the University of Houston Graduate School of Social Work and Texas Southern University. Planning and Evaluation Coordinator (9/96 - 6/97): Responsible for evaluating all agency programs and working with the executive team to develop the agency's 1998 strategic plan.*

**Youth Alternatives, Inc., San Antonio, Texas**

October 1993 – November 1994

*Counselor: Worked with adolescent girls at residential treatment facility.*

**AT&T**

1987 – 1993

*Manager, National Out of Hours Center, San Antonio, Texas*

*Trainer, San Antonio, Texas*

*Customer Service Representative, Bilingual Center, San Antonio, Texas*

*Communications Workers of America Union Steward*

---

**TEACHING**

**University of Texas at Austin – McCombs School of Business**

Courses Taught:

*Dare to Lead*

**University of Houston Graduate School Of Social Work**

Courses Taught:

*Advocacy Based Social Work Research*

*Critical Issues in Political Social Work*

*Empowerment*

*Feminist Practice*

*Global Justice: Problems, Patterns and Perspectives*

*Nonprofit Fiscal Management and Budgeting*

*Shame, Empathy & Resilience*

*Social Welfare Policy Analysis*

*Women's Issues*

**University of Houston – Clear Lake**

Courses Taught:

*Families in Society*

*Foundations of Social Work Practice*

*Introduction to Social Work*

*Minorities in America*

---

**RESEARCH & SCHOLARSHIP**

**Dissertation**

Brown, C.B. (2002). Acompañar: A grounded theory of developing, maintaining and assessing relevance in professional helping. *Dissertation Abstracts International*, 63(02). (UMI No. 3041999).

## Publications

- Brown, B. (2018). *Dare to Lead: Brave Work. Tough Conversations. Whole Hearts*. Penguin Random House.
- Brown, B. (2017). *Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone*. Penguin Random House.
- Brown, B. (2016). Foreword. In: Nouwen, H. J. M. *Love, Henri*. Penguin Random House.
- Brown, B. (2015). *Rising Strong: How the Ability to Reset Transforms the Way We Live, Love, Parent, and Lead*. Penguin Random House.
- Brown, B. (2014). Foreword. In: Palmer, A. *The Art of Asking: How I Learned to Stop Worrying and Let People Help*. Grand Central Publishing.
- Brown, B. (2012). *Daring Greatly: How The Courage To Be Vulnerable Transforms The Way We Live, Love, Parent, and Lead*. Penguin/Gotham.
- Brown, B. (2010). *The Gifts of Imperfection: Letting Go of Who We Think We Should Be and Embracing Who We Are*. Center City: Hazelden.
- Brown, B. (2010). Shame Resilience Theory. In S.P.Robbins, P.Chatterjee & E.R.Canda (Eds.), *Contemporary human behavior theory: A critical perspective for social work* (Rev. ed.). Boston: Allyn and Bacon.
- Brown, B. (2010). *Brene's Home for Wayward Girls*. In L. Mayes (Ed.) *Kirsty Takes a Bow*. Houston: Bright Sky Press.
- Brown, B. (2009). *Connections: A 12 Session Psycho-educational Shame Resilience Curriculum*. Center City: Hazelden
- Brown, B. (2007). *I thought it was just me: Women reclaiming power in a culture of shame*. New York: Penguin/Gotham.
- Brown, B. (2007). Feminist Standpoint Theory. In S.P.Robbins, P.Chatterjee & E.R.Canda (Eds.), *Contemporary human behavior theory: A critical perspective for social work* (Rev. ed.). Boston: Allyn and Bacon.
- Brown, B. (2007). Shame Resilience Theory. In S.P.Robbins, P.Chatterjee & E.R.Canda (Eds.), *Contemporary human behavior theory: A critical perspective for social work* (Rev. ed.). Boston: Allyn and Bacon.
- Brown, B. (2006). Shame resilience theory: A grounded theory of women and shame. *Families in Society*, 87(01).
- Brown, B. (2004). *Women and shame: Reaching out, speaking truths and building connection*. Austin: 3C Press.
- McPhail, B., Brown, B., Holmes, K. (2004). *The status of women and girls in Greater Houston*. Houston, TX: Women's Resource of Greater Houston.
- Karger, H., & Midgley, J. & Brown, B. (Eds.). (June, 2002). *Controversial issues in social welfare policy* (2nd ed.). Boston: Allyn and Bacon.
- Brown, B. (1999). Searching for a theory: The journey from explanation to revolution. *Families in Society*, 80 (4), 359-366.
- Brown, B. (1997). *Nonprofit Business Plans*. Houston, Texas: University of Houston Graduate School of Social Work, Center for Organizational Research and Effectiveness.
- Brown, B. (1996). *The pricing project: Developing a pricing structure for organizational development consulting*. Houston, Texas: University of Houston Graduate School of Social Work,

## **SPEAKING EVENTS, PANELS, GUEST LECTURES, INTERVIEWS, AND COMMUNITY ENGAGEMENT**

### **2022**

- Brené Brown: Atlas of the Heart, SXSW, WarnerMedia Activation Event with Priya Parker and Anand Giridharadas, Austin, TX, March 11, 2022
- Brené Brown: Atlas of the Heart, SXSW, HBO Max Series Premiere, Austin, TX, March 11, 2022
- Dare to Lead, Google, Google's International Women's Day 2022 Summit, Virtual, March 8, 2022
- Atlas of the Heart, CA Conference for Women, Virtual, March 3, 2022
- Dare to Lead + Atlas of the Heart, YPO Austin Event, Austin, TX, February 10, 2022
- Atlas of the Heart, Target, Take Five: A Conversation with Brené Brown & Jill Sando, Virtual, January 27, 2022

### **2021**

- Atlas of the Heart, Independent Bookseller Virtual Event Hosted by PRH, Virtual, December 2, 2021
- Atlas of the Heart, Amazon, Amazon's Author Fishbowl with Brené Brown, Virtual, December 2, 2021
- Atlas of the Heart, Apple, Apple Services' Senior Leadership Summit, Virtual, December 1, 2021
- Atlas of the Heart, Strake Jesuit, An Evening with Brené Brown, Houston, TX, November 18, 2021
- Atlas of the Heart, Starbucks, Pour Over Series, Houston, TX, November 18, 2021
- Atlas of the Heart, 18<sup>th</sup> Annual PA Conference for Women, Virtual, November 10, 2021
- Dare to Lead, American Association of Medical Colleges, Annual Meeting: Learn Serve Lead, Virtual, November 8, 2021
- Dare to Lead, ACLU, Executive Leadership Program Culmination Convening, Virtual, November 4, 2021
- Spotify/ACL, Brené with Brett Goldstein Live at ACL Fest on Comedy, Creativity, and Roy Kent, Austin, TX, October 9, 2021
- University of Texas at Austin, 2020 Commencement Reunion, Austin, TX, September 17, 2021
- Spotify, Stream On For Advertisers, Virtual, May 26, 2021
- Dare to Lead, NPR, How I Built This Summit, Virtual, May 25, 2021
- Dare to Lead, Kellogg Northwestern, Dare to Lead: Unlocking the Power of Vulnerability in Leadership and Life, Virtual, May 12, 2021
- You Are Your Best Thing, Starbucks, Starbucks' Virtual Development Day Featuring Tarana Burke and Brené Brown, Virtual, May 6, 2021
- You Are Your Best Thing, Natcon, Natcon 21, Virtual, May 5, 2021
- Dare to lead, Cisco, Teams Week, Virtual, May 4, 2021
- You Are Your Best Thing, Boston University Center for Antiracist Research, National Antiracist Book Festival, Virtual, April 24, 2021
- Dare to Lead, KIPP, KIPP Houston Dinner 2021, Houston, TX, April 23, 2021

- Dare to Lead, Starbucks, SVP Event, Virtual, April 22, 2021
- Ana Grace Project, Building a Better Tomorrow: A Conversation with Brené Brown and Nelba Márquez-Greene, Virtual, April 12, 2021
- Dare to Lead, H-E-B, Leadership Meeting, Virtual, March 3, 2021
- Spotify, Spotify Global Press Event: Stream On, Virtual, February 22, 2021
- Dare to Lead, American Booksellers Association, Winter Institute 16, Virtual, February 20, 2021
- Dare to Lead, Slalom, Slalom Presents; Dare to Lead, Virtual, February 10, 2021
- Dare to Lead, Target, Target's Annual Group Vice President and Store Officers' Meeting, Virtual, February 9, 2021
- Dare to lead, AT&T, AT&T Business Leadership Summit, Virtual, January 27, 2021
- Dare to Lead, London School of Economics, Guest Lecture for Graduate Masters in Management Course, Virtual, January 21, 2021

## **2020**

- Blue Willow Bookshop, Matthew McConaughey Event, Virtual, December 15, 2020
- Palmer Episcopal, A Conversation with Brené Brown, Virtual, December 9, 2020
- Dare to Lead, Leading Age, Leading Age 2020 Annual Meeting, Virtual, November 12, 2020
- Dare to Lead, Veterinary Management Group 22, Fall Meeting, Virtual, November 3, 2020
- Dare to Lead, Women Leaders in College Sports, Women Leaders X – Stronger Together, Virtual, October 12, 2020
- Spotify, Spotify's World Mental Health Day, Virtual, October 6, 2020
- Dare to lead, BrandMinds, Fireside Chat with Brené & Austin Channing Brown, Virtual, September 26, 2020
- MacMillan Publishers, Fireside Chat with Brené & Katherine Center, Virtual, September 24, 2020
- Dare to Lead, Target, Virtual, September 17, 2020
- Dare to Lead, Proctor and Gamble, Virtual, September 17, 2020
- Dare to Lead, Microsoft U.S., Virtual, September 15, 2020
- Dare to Lead, Cisco, Virtual, August 26, 2020
- Dare to Lead, AdventHealth, Virtual, August 21, 2020
- Dare to Lead, Qualtrics, Work Different Conference, Virtual, August 12, 2020
- Dare to Lead, Northwestern Mutual, Annual Conference, Virtual, August 11, 2020
- Dare to Lead, Adobe, Virtual, July 22, 2020
- Dare to Lead, Ultimate Software + Kronos, Ultimate Software Webcast Series, June 25, 2020
- United States Air Force, The New Normal with Chief Master Srgt. Kaleth O. Wright, Virtual, June 23, 2020
- Texas Tribune, TribFeast: An Evening to Support Nonprofit Journalism, Virtual, June 12, 2020
- TED, TED's Uncharted, "Build Back Better" 2020 Virtual Conference, June 2, 2020
- University of Texas at Austin, 2020 Virtual Commencement Ceremony, May 23, 2020
- Hillel International, Hillel at Home, Virtual, May 5, 2020
- Dare to Lead, Forrester/Sirius Decisions, Sirius Decisions Fireside Chat, Virtual, May 4, 2020
- Jen Hatmaker's Webcast, Virtual, April 30, 2020
- Dare to Lead, Salesforce, Stories of Resilience: A Conversation with Brené Brown and Special Guest Eric Rodriguez, Virtual, April 30, 2020
- Dare to Lead, Obama Fellowship, Virtual Q&A, April 22, 2020
- Starbucks, Virtual, April 21, 2020

- The King Center, Beloved Community Talks: Manifesting Courage and Resilience with Dr. Bernice King and Dr. Brené Brown, Virtual, April 21, 2020
- Ochsner Health, Virtual, April 6, 2020 (video)
- Dare to Lead, NASA, NASA's Office of the Chief Human Capital Officer Leadership Development Program, Houston, TX, March 5, 2020
- University of Texas at Austin, Dare to Lead Event at Gregory Gym, Austin, TX, February 26, 2020
- Dare to Lead, Bank of America Senior Leadership, Austin, TX, February 5, 2020
- The King Center, 52<sup>nd</sup> Annual Martin Luther King Jr. Annual Commemorative Service, Atlanta, GA, January 20, 2020

## **2019**

- Braving the Wilderness, Massachusetts Conference for Women, Workplace Summit, Boston, MA, December 10, 2019
- Dare to Lead, Massachusetts Conference for Women, Opening Night, Dare to Lead, Boston, MA, December 10, 2019
- Dare to Lead, Entrepreneurs' Organization/Young Presidents' Organization, The Up Experience, San Antonio, TX, November 12, 2019
- Dare to Lead, National Training, San Antonio, TX, November 12 - 15, 2019
- Center for Sports Leadership & Innovation, #iLead Speaker Series, Leadership in Life & Sports, Austin, TX, October 29, 2019
- Braving the Wilderness, University of Houston, Houston, TX, October 16, 2019
- Rising Strong, Nordic Business Forum, Helsinki, Finland, October 10, 2019
- Dare to Lead, Menninger Clinic, Houston, TX, September 27, 2019
- Dare to Lead, National Training, San Antonio, TX, June 17 – 20, 2019
- Dare to Lead, National Training, San Antonio, TX, June 18 – 21, 2019
- The Growth Faculty, Sydney, Australia, July 31, 2019
- The Daring Way, National Training, San Antonio, TX, May 1, 2019
- Dare to Lead, National Training, San Antonio, TX, June 18 – 21, 2019
- Society for Human Resource Management, Las Vegas, NV, June 24, 2019
- Warner Brothers Entertainment, Burbank, CA, June 4, 2019
- Dare to Lead, Brand Minds, Bucharest, Romania, May 8, 2019
- Dare to Lead, Ann Richards School Foundation, Reach for the Stars, Austin, TX, May 3, 2019
- The Daring Way, National Training, San Antonio, TX, May 1, 2019
- Dare to Lead, Endeavor, Endeavor Corporate Retreat, Palm Desert, CA, April 17, 2019
- Dare to Lead, Deloitte, Next Generation CHRO Academy, Westlake, TX, April 10, 2019
- Blackberry Mountain, Knoxville, TN, April 5, 2019
- Jung Center, Houston, TX, April 2, 2019
- Dare to Lead, Globoforce Workhuman, Nashville, TN, March 20, 2019
- Women's Foodservice Forum, Dallas, TX, March 10, 2018
- SXSW, Austin, TX, March 8, 2019
- Nobel Women's Initiative, Women Who Dare to be Bold: A Conversation with Brené Brown & Jody Williams, New York, NY, March 7, 2018
- Nobel Women's Initiative, Daring to Lead: How Supporting Women's Movements will Change the World, New York, NY, March 7, 2018
- Dare to Lead, Avielle, The Brainstorm Experience, Newtown, CT, March 5, 2019
- Dare to Lead, National Training, San Antonio, TX, March 26 – 29, 2019

- Dare to Lead, Watermark Conference for Women, San Jose, CA, February 22, 2019
- Dare to Lead, U.S. Air Force, Colorado Springs, CO, February 21, 2019
- H.E.B., San Antonio, TX, February 20, 2019
- Slack, Palm Springs, CA, February 6, 2019
- Salesforce, San Francisco, CA, February 5, 2019
- London School of Economics, London, United Kingdom, 2018
- Pixar, January 8, 2019

## **2018**

- The UP Experience, San Antonio, TX, December 13, 2018
- Laura and John Arnold Foundation, Houston, TX, December 12, 2018
- Dare to Lead, Together Tour, November 19, 2018
- Dare to Lead, Ochsner Health, New Orleans, LA, November 15, 2018
- Texas Conference for Women, Austin, TX, November 9, 2018
- Nike, Portland, OR, November 7, 2018
- Veterinarian Management Group, Dallas, TX, November 6, 2018
- Dare to Lead, Independent Schools Association of the Southwest, Dallas, TX, November 6, 2018
- Dare to Lead, Zillow, Las Vegas, NV, October 29, 2018
- Dare to Lead, Chick-fil-A, Atlanta, GA, October 19, 2018
- Dare to Lead, Inc. 5000, San Antonio, TX, October 18, 2018
- Dare to Lead, Hines, October 16, 2018
- AUCCCD, New Orleans, LA, October 14, 2018
- TED, New York, NY, October 11, 2018
- Grand Central Tech, New York, NY, October 10, 2018
- Dare to Lead, Globoforce, Workhuman Executive Forum, New York, NY, October 4, 2018
- MD Anderson Leadership Institute, Houston, TX, September 7, 2018
- Stella & Dot, Nashville, TN, Nashville, TN, 2018
- Costco, Seattle, WA, August 1, 2018
- Daring Leadership: The Four Pillars of Courage, Nutanix, NEXT Conference, New Orleans, LA, May 10, 2018
- Mom 2.0 Summit, Pasadena, CA, May 4, 2018
- Hermann Park, Houston, TX, May 2, 2018
- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, National Council for Behavioral Health, New York, NY, Oxon Hill, MD, April 24, 2018
- Daring Leadership: The Four Pillars of Courage, Collective Impact Forum, Austin, TX, April 4, 2018
- Daring Leadership: The Four Pillars of Courage, Workhuman, Austin, TX, April 2, 2018
- i4cp, Next Practices Now Conference, Daring Leadership: The Four Pillars of Courage, Scottsdale, AZ, March 27, 2018
- United States Air Force, Phoenix, AZ, March 26, 2018
- Nutanix, San Jose, CA, March 5, 2018
- Thistle Farms, Nashville, TN, March 1, 2018
- The Riverside Church, Racism, Shame, and Vulnerability, New York, NY, February 1, 2018
- Daring Leadership: The Four Pillars of Courage, Human Resources Professionals Association, Toronto, Canada, January 31, 2018

- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, Washington National Cathedral, Washington D.C., January 21, 2017
- Chick-fil-A, January 9, 2018

## 2017

- Daring Leadership: The Four Pillars of Courage, Clif Bar & Company, Emeryville, CA, December 6, 2017
- Starbucks, Creating a Culture of Warmth and Belonging, Seattle, WA, November 16, 2017
- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, Marshall School of Business, University of Southern California, Los Angeles, CA, November 17, 2017
- Linkage, Dallas, TX, November 14, 2017
- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, University of Colorado Boulder Distinguished Speakers Board, Boulder, CO, November 8, 2017
- University of Colorado Boulder Academic Advising Center, A Conversation with Brené Brown, Boulder, CO, November 8, 2017
- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, Summit Los Angeles, Los Angeles, CA, November 3, 2017
- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, Southwest Association of Episcopal Schools, 60<sup>th</sup> Anniversary Biennial Conference, Houston, TX, October 27, 2017
- Chick-fil-A, Atlanta, GA, October 23, 2017
- Women Asset Managers, Vulnerability, Courage, Belonging, and Leadership, Dallas, TX, October 17, 2017
- Tahirih Justice Center, Houston, TX, October 14, 2017
- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, INC 5000, Palm Springs, CA, October 11, 2017
- Daring Leadership: The Four Pillars of Courage, Ken Blanchard Companies, San Diego, CA, October 10, 2017
- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, Catalyst, Duluth, GA, October 6, 2017
- Daring Leadership: The Four Pillars of Courage, LinkedIn, Nashville, TN, October 4, 2017
- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, Pennsylvania Conference for Women, Philadelphia, PA, October 3, 2017
- Daring Leadership: The Four Pillars of Courage, National Association of Corporate Directors, Washington, D.C., October 2, 2017
- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, University of Pennsylvania, Philadelphia, PA, October 2, 2017
- National Association of Corporate Directors, Washington, D.C., October 2, 2017
- Pennsylvania Conference for Women, Philadelphia, PA, October 3, 2017
- Hubspot, Inc., INBOUND 2017, Boston, MA, September 25, 2017
- Seahawks, Seattle, WA, September 22, 2017
- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, Microsoft, Chicago, IL, September 21, 2017
- EO Xcentric, Austin, TX, September 19, 2017
- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, Target, Minneapolis, MN, September 11, 2017

- Costco, Seattle, WA, August 2, 2017
- Stella and Dot, Las Vegas, NV, July 14, 2017
- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, American Library Association, Chicago, IL, June 25, 2017
- Young President's Organization, Chicago, IL, April 26, 2017
- Northwestern – Kellogg School of Management, April 26, Chicago, IL, 2017
- Lord of the Streets, Houston, TX, April 25, 2017
- Daring Leaders and the Four Pillars of Courage, Association to Advance Collegiate Schools of Business, Houston, TX, April 24, 2017
- Gore Creek, Key Largo, FL, April 7, 2017
- Resiliency Center of Newtown, Newtown, CT, March 31, 2017
- American Association of Nurse Executives, Baltimore, MD, March 30, 2017
- Psychotherapy Networker, Washington, D.C., March 24, 2017
- Daring Classrooms, SXSWedu, Austin, TX, March 9, 2017
- University of Houston Graduate College of Social Work, Houston, TX, March 3, 2017
- Daring Classrooms, National Association of Independent School, Baltimore, MD, March 3, 2017
- Daring Greatly & The Power of Vulnerability, MailChimp, Atlanta, GA, February 10, 2017
- Louisiana Flood Recovery Benefit St. James Episcopal Church, Baton Rouge, LA, January 10, 2017

## **2016**

- Medallia, Austin, TX, November 9, 2016
- Rising Strong as a Spiritual Practice, Sounds True, Lakewood, CO, November 5, 2016
- Conscious Capitalism, Austin, TX, October 18, 2016
- The Briar Club, Houston, TX, October 13, 2016
- Momentous Institute, Dallas, TX, October 6, 2016
- Daring Leadership, Special Forces, Fort Bragg, Fort Bragg, NC, October 24 – 25, 2016
- Brit & Co, San Francisco, CA, September 30, 2016
- Daring Leadership, Texas Association of Student Councils, San Marcos, TX, September 24, 2016
- International Spa Association, Las Vegas, NV, September 13, 2016
- Adobe Systems, Inc., San Jose, CA, September 8, 2016
- Zappo's, Inc., Las Vegas, NV, August 31, 2016
- Central Intelligence Agency, Washington DC, August 5, 2016
- White House Senior Leaders, Washington, DC, August 6, 2016
- Costco, Seattle WA, August 4, 2016
- Cisco Systems, San Jose, CA, June 7, 2016
- Indeed, Austin, TX, May 26, 2016
- Association for Talent Development, Alexandria, VA, May 24, 2016
- Association of Change Management Professionals, Dallas, TX, May 18, 2016
- Courage Camp, Camp Allen, TX, May 16 – May 18, 2016
- Daring Leadership, Medallia, Orlando, FL, April 27, 2016
- Rising Strong, Dallas Children's Advocacy Center, Dallas, TX, April 26, 2016
- Rising Strong, University of Texas Nursing Partners, Austin, TX, April 13, 2016
- Morgan Stanley, Houston, TX, March 22, 2016
- Daring Greatly, SXSW, Austin, TX, March 12, 2016
- Business Chicks Breakfast, Brave Leaders. Courage Cultures., Sydney, Australia, March 3, 2016
- Rising Strong with Brené Brown, School of Life, Sydney, Australia, March 1, 2016

- BCM Software, Z50 Leadership Forum, Houston, TX, February 18, 2016
- Daring Greatly, Vanderbilt University, (IM) Perfect Project, Nashville, TN, February 14, 2016
- Seminary of the Southwest, Houston, TX, February 11, 2016
- Rising Strong, Bo's Place, Houston, TX, January 28, 2016
- City of Hope, Duarte, CA, January 26, 2016
- McCoy's Building Supply, Galveston, TX, January 14, 2016
- Rising Strong, Equinix, Global Sales Kickoff, Kissimmee, FL, January 12, 2016

## **2015**

- Rackspace, San Antonio, TX, December 10, 2015
- Daring Leadership, Citibank, London, UK, November 3, 2015
- RED Magazine Breakfast Event, November 5, 2015, London, UK
- Rising Strong, Sounds True, Lakewood, CO, October 27, 2015
- Rising Strong, Emerging Women Live, San Francisco, CA, October 9, 2015
- Rising Strong, Catalyst, Atlanta, GA, October 8, 2015
- Rising Strong, Christ Episcopal Church, Charlotte, NC, September 29, 2015
- Daring Greatly: The Power of Vulnerability, Disney Animation, Women at Disney, Burbank, CA, September 24, 2015
- Rising Strong, Amazon, Seattle, WA, September 16, 2015
- Rising Strong, HubSpot, INBOUND 2015, Boston, MA, September 9, 2015
- Rising Strong, Charity:Water, Chicago, IL, September 2015
- Google, Women at Google Conference, Chicago, IL, September 3, 2015
- Willow Creek Association, Chicago, IL, August 5, 2015
- Rising Strong, Costco, Seattle WA, July 23, 2015
- Rising Strong, Bill and Melinda Gates Foundation, Seattle WA, July 22, 2015
- Daring Greatly, Disney IDEATION Summit, Los Angeles, CA, June 11, 2015
- Daring Schools, NewSchools Venture Fund, Burlingame, CA, May 6 2015
- HOW Design Live, Make Believe. Courage, Creation, and Connection., Chicago, IL, May 5, 2015
- Houston Zoo, Houston, TX, April 28, 2015
- Daring Greatly: The Power of Vulnerability, Gore Creek Asset Management LLC, Scottsdale, AZ, April 17, 2015
- Daring Leadership, Katy Independent School District, Katy, TX, April 14, 2015
- Daring Leadership, The Art of Leadership for Women, Calgary, Canada, April 13, 2015
- Amazon, Women at Amazon Conference, Seattle, WA, April 2, 2015
- American College of Healthcare Executives, Houston, TX, March 5, 2015
- Silicon Valley Conference for Women, Santa Clara, CA, February 24, 2015
- The Daring Way National Training, Episcopal Diocese of Texas, February 8 – February 13, 2015
- Young Presidents' Organization: Lonestar, Dallas, TX, February 5 2015
- Christ Church Cathedral, January 29, 2015
- Comcast, Houston, TX, January 21, 2015
- Neill Corporation, New Orleans, LA, January 18, 2015
- The Missionary Society of the Episcopal Church, New York, NY, January 13, 2015

## **2014**

- Daring Leadership, NBC Universal, Palm Springs, CA, November 13, 2014
- Texas Executive Women, Women on the Move, Houston, TX, November 11, 2014

- Daring Greatly: How the Courage to be Vulnerable Transforms the Way we Love, Parent, and Lead, International Coach Federation, Washington, D.C., June 5, 2014
- Running from Crazy: A Conversation with Mariel Hemmingway & Brené Brown Menninger Clinic, May 14, 2014
- Young Presidents' Organization, Houston, Texas, May 8, 2014
- Oprah's Lifeclass Presents Brené Brown: The Gifts of Imperfection Part 2, eCourse, April 3 – May 19, 2014
- Texas Speech Language and Hearing Association, Houston, TX, February 27, 2014
- The Daring Way, National Training, San Antonio TX, February 5-9, 2014
- Oprah's Lifeclass Presents Brené Brown: The Gifts of Imperfection eCourse, January 12 – March 22, 2014
- Aveda, January 8, 2015

## **2013**

- The Daring Way, National Training, San Antonio TX, December 4-8, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Younique Counseling, Denver, CO, November 21, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Helzberg Entrepreneurial Program, Kansas City, MO, November 13, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Interfaith Health Care Association of Manitoba, Manitoba, Canada, November 5, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, AT&T Executive Women's Leadership Experience, Dallas, TX, October 29, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Elementary School Heads Association, Houston, TX, October 21, 2013
- Oprah's Lifeclass Presents Brené Brown: The Gifts of Imperfection eCourse, October 20 – December 10, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Center for Dependency, Addiction and Rehabilitation at University of Colorado Hospital, October 11, 2013
- The Power of Vulnerability, Emerging Women Live, Boulder, CO, October 10, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Conscious Capitalism Conference, Bastrop, TX, October 8, 2013
- Women and Courage, Omega Institute for Holistic Studies, Rhinebeck, NY, September 20, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Creative Healthcare Management Symposium, Huron, OH, September 11, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Willow Creek Leadership Summit, Barrington, IL, August 9, 2013
- The Power of Being Enough, Wake Up Project, Sydney, Australia, August 3, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Business Chicks, Melbourne, Australia, August 2, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Wired for Wonder, Sydney, Australia, July 31, 2013
- The Daring Way, National Training, San Antonio, TX, July 18-20, 2013
- The Power of Vulnerability, Scentsy Annual Convention, Indianapolis, IN, July 11, 2013

- The Power of Vulnerability, Royal Society for the Encouragement of Arts, Manufactures and Commerce, London, UK, June 4, 2013
- A Sermon on Courage, The School of Life, London, UK, June 3, 2013
- The Power of Vulnerable Leadership, INC Leadership Forum, San Diego, CA, June 11, 2013
- Why Your Critics Aren't the Ones that Count, 99U Conference, New York, NY, May 2, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, American Academy of Cosmetic Dentistry, April 25, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Seattle Unity Church, Seattle, WA, April 24, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Childbuilders, Houston, TX, April 18 2013
- The Art of Imperfect Parenting, Brookwood School, Manchester-by-the-Sea, MA April 8, 2013
- Social Work Researchers as Storytellers: What We Should be Teaching our Doctoral Students About the Power of Story, Group for the Advancement of Doctoral Education in Social Work, Virginia Commonwealth University, Richmond, VA, April 4, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, National Association of Neonatal Therapists, Fort Worth, TX, April 3, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Catalyst Conference, Dallas, TX, April 3, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Singapore Management University, Singapore, March 15, 2013
- The Gifts of Imperfection, Furman University, Greenville SC, February 22, 2013
- Daring Recovery, International Institute for Trauma and Addiction Professionals, Phoenix, AZ, February 16, 2013
- Authentic Life, Vulnerability & Shame, St. Mark's Episcopal School, Houston TX, February 5, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Home Depot, Atlanta, GA, January 15, 2013
- The Hustle for Worthiness, St. Luke's Episcopal Church, Birmingham, AL, January 10, 2013

## **2012**

- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Massachusetts Conference for Women, Boston MA, December 6, 2012
- Vulnerability and Inspired Leadership, Bill and Melinda Gates Foundation, Seattle, WA, November 15, 2012
- How Empathy, Shame and Vulnerability Impact Health and Wellbeing, University of Minnesota, Center for Spirituality and Healing, Minneapolis, MN, November 14, 2012
- Influencing with Impact, Women in Leadership Conference, San Francisco, CA, November 7, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Women's Vision Foundation, Denver, CO, October 26, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Tattered Cover, Denver, CO, October 25, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Texas Conference for Women, Austin, TX, October 24, 2012
- Episcopal Bishops Conference, Austin, TX, October 23, 2012
- Global Institute of Leadership Development, Orlando, FL, October 16, 2012

- Faith & Daring: The Courage to Be Vulnerable in Life, Love and Parenting, Faith & Life Series, Minneapolis, MN, October 11, 2012
- The Wholehearted Child, Family Action Network, Chicago, IL, October 10, 2012
- International Coaches Federation Global Conference, London, UK, October 4, 2012
- Is Vulnerability a Virtue, a Conversation with Roman Krznaric, School of Life, London, UK, October 3, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Campbell Episcopal Day School, Los Angeles, CA, September 24, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Thad Church, Los Angeles, CA, September 23, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Book Passage, Corte Madera, CA, September 22, 2012
- Christ Church Episcopal Church, Charlotte, NC, September 19, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Book People, Austin, TX, September 13, 2012
- Shame and Vulnerability in Change, Miller Intermediate School, Pasadena, TX, August 24, 2012
- MD Anderson Hospital, Houston, TX, August 21, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Lululemon, Vancouver, Canada, August 14, 2012•
- American Mental Health Counselor's Association, Orlando, FL, July 20, 2012
- Foothold Technology, New York, NY, July 12, 2012
- Happiness through Imperfection, World Domination Summit, Portland, OR, July 6, 2012NASA, Goddard Facility, Greenbelt, MD, May 3, 2012
- The Anatomy of Joy, Omega, New York, NY, April 21, 2012
- The Power of Vulnerability, Alberta College of Social Workers, Alberta, Canada, March 23, 2012
- The Power of Vulnerability, Microsoft, Seattle, WA, March 21, 2012
- Pedagogy of Worthiness: Cultivating Curiosity & Hope in the Classroom, American Montessori Society, March 16, 2012
- The Gifts of Imperfect Parenting, Children's Museum of Houston, Houston TX, March 7, 2012
- Listening to Shame, Ted•2012, Long Beach, CA, March 2, 2012
- The Power of Vulnerability, Crown Council, Columbus, OH, February 15, 2012
- Cultivating a Resilient Spirit, St. John's School, Houston, TX, January 17, 2012

## **2011**

- Building Authenticity and Courage In Leadership and Life, ChangeLabs Corporate Retreat, Sydney Australia, June 22, 2011
- Leading Through Times of Change: US Army, NATIC, Soller Systems Center, Boston, MA, June 3, 2011
- The Power of Vulnerability; Great Expectations: Emotional Landscape of Goal Setting, St. Jude Children's Research Hospital, Memphis, TN, May 25, 2011
- Speaker, The Inspiring Women Summit, May 13, 2011
- The Power of Vulnerability, Morgan Stanley, Smith Barney, Miami, FL, May 11, 2011
- Quest for Authentic Self, US Journal Training, Santa Fe, NM, May 1, 2011
- The Anatomy of Inspiration, British Columbia Human Resource Management Association, Vancouver, Canada, April 15, 2011

- The Gifts of Imperfect Parenting: Raising Kids with CCC, Trinity Episcopal, Austin, TX, March 30, 2011
- The Gifts of Imperfect Parenting: Raising Kids with CCC, Los Altos / Mountain View Parent Education Speaker Series, Los Altos, CA, March 9, 2011
- The Gifts of Imperfection, Google Author's Series, Palo Alto, CA, March 9, 2011
- Innovations & Vulnerability, Stanford MBA Program, Palo, Alto, CA, March 8, 2011
- The Anatomy of bullying; Causes, Consequences & Strategies for Change, Houston Collaborative for Children, Houston, TX, March 3, 2011
- Shame & the Power of Worthiness, HISD Social Work Collaborative, Houston, TX, March 2, 2011
- The Gifts of Imperfect Parenting: Raising Kids with CCC, Becker Early Childhood Center, Houston, TX, February 17, 2011
- The Power of Vulnerability; Great Expectations: The Emotional Landscape of Goal Setting, Banana Republic (GAP, Inc), San Francisco, CA, February 15, 2011
- The Gifts of Imperfect Parenting: Raising Kids with CCC, St. George Episcopal, San Antonio, TX, February 10, 2011
- Compassionate Connections, Seton Hospital CPE, Austin, TX, January 28, 2011
- Vulnerability & Bliss: The Power of Going Big, Taking Risks & Being Enough, BlissDom Conference, Nashville, TN, January 27, 2011
- The Gifts of Imperfect Parenting: Raising Kids with CCC, PBS Elevate Lecture, Houston, TX, January 25, 2011
- The Gifts of Imperfect Parenting: Raising Kids with CCC; The Pedagogy of Resilience: Cultivating Hope, Critical Thinking & Accountability, The Hockaday School, Dallas, TX, January 18-19, 2011
- Authenticity & Courage: Guideposts for Cultivating Connection, The Meadows, Wickenburg, AZ, January 10, 2011
- The Pedagogy of Resilience, Strake Jesuit College Preparatory, Houston, TX, January 4, 2011

## **2010**

- The Gifts of Imperfection, Life Beyond Cancer Retreat, Austin, TX, November 20, 2010
- The Spirituality of Vulnerability, The Jung Center of Houston, Houston, TX, November 16, 2010
- The Gifts of Imperfection, National Charity League Luncheon, Houston, TX, November 16, 2010
- Shame, Vulnerability, Imperfection & Authenticity: The Quest for Our True Selves, Hazelden Conference on Adolescence, Minneapolis, MN, November 3-4, 2010
- The Gifts of Imperfection, Taping of National PBS Show, Houston, TX, October 30, 2010
- Shame, Vulnerability, Imperfection & Authenticity: The Quest for Our True Selves, US Journal Training, Chicago, IL, October 20-22, 2010
- Faith & the Gifts of Imperfection, Faith & Life Series, Minneapolis, MN, October 14, 2010
- Book Signing, The Twig, San Antonio, TX, October 7, 2010
- The Gifts of Imperfect Parenting: Raising Kids with CCC, Los Altos United Methodist Church, Los Altos, CA, October 2, 2010
- The Gifts of Imperfection, Counseling Psychological Services Stanford University, Palo Alto, CA, September 30, 2010
- The Gifts of Imperfection, Meadows, San Francisco, CA, September 29, 2010
- The Gifts of Imperfection Book Launch, The Council on Alcohol & Drugs Houston, Houston, TX, September 28, 2010
- Courage & Story: Guideposts for Cultivating a Resilient Spirit, ISDDA & ICA 2010 Fall

- Conference, Des Moines, IA, September 13, 2010
- Authentic Leadership, National Speaker's Bureau, Chicago, IL, September 12, 2010
- The Power of Acceptance: Why Boundaries, Accountability & Compassion Come First, ISDDA & ICA 2010 Fall Conference, Des Moines, IA, September 13, 2010
- The Power of Vulnerability, TedX Kansas City, Kansas City, MO, August 12, 2010
- The Evolution of You: Living Authentically Online, EVO 10 Conference: The Evolution of Women in Social Media, Park City, Utah, June 24, 2010
- The Gifts of Imperfection, Charter 100 of Houston, Houston, TX June 8, 2010
- On Being Enough, TedX Houston, Houston, TX, June 5, 2010
- Authentic Leadership, The Vita Companies, Kea Lani, Maui, May 27-31, 2010
- Women Empowering Women, St. John's Episcopal School, Houston, TX, April 18, 2010
- Shame, Addiction & Authenticity, Navigating Adolescence in Anxious Times: Cultivating Guideposts for a Resilient Spirit, 8th Annual Las Vegas Conference of Adolescents and Young Adults, Las Vegas, NV, April 16, 2010
- The Gifts of Imperfection, Houston Chapter of Hadassah, Houston, TX, April 14, 2010
- Authentic Leadership: Cultivating Inspiration, Creating Meaning & Fostering Accountability in Schools, Southwest Association of Episcopal Schools Heads of Schools Conference, Houston, TX, April 8, 2010
- The Gifts of Imperfect Parenting: Raising Kids with CCC, Good Shepherd Episcopal, Austin, TX, March 23, 2010
- Speaker, The University of Houston Friends of Women's Studies Table Talk Invitee, Houston, TX, February 25, 2010
- The Hustle for Worthiness, The Council on Alcohol and Drugs Houston, Houston, TX, February 4, 2010
- Pedagogy of Resilience: Strategies for Cultivating CCC in the Classroom, Alamo Heights High School, San Antonio, TX, January 13, 2010
- Pedagogy of Resilience: Strategies for Cultivating CCC in the Classroom, St. Andrew's Episcopal School, Austin, TX, January 5, 2010

## **2009**

- The Gifts of Authenticity: Cultivating Courage, Compassion, and Connection, Hazelden Women Healing Conference, Chicago, IL, December 4-5, 2009
- The Renfrew Center, Fall Conference, November 12, 2009
- Southwest Association of Episcopal High Schools, Annual Conference, Houston, TX, November 5-7, 2009
- Council on Social Work Education, Plenary, "Social Work Education: The Hustle for Worthiness and the Power of Story" San Antonio, TX, November 6, 2009
- The Gifts of Authenticity: Cultivating Courage, Compassion, and Connection, Hazelden Women Healing Conference, White Plains, NY, October 30-31, 2009
- The Wholehearted Child: 3 Guideposts for Cultivating a Resilient and Compassionate Spirit, St. Andrew's Episcopal School, Austin, TX, October, 20, 2009
- The UP Experience, Unique Perspectives from Unique People, October 15, 2009
- Creating Positive Outcomes During Difficult Times, The 22nd Cape Cod Symposium on Addictive Disorders, Plenary, Cape Cod, MA, October 10 -13, 2009.
- The Gifts of Authenticity: Cultivating Courage, Compassion, and Connection, Hazelden Women Healing Conference, Seattle, WA, October 9-10, 2009

- Ben Franklin Institute Summit for Clinical Excellence, San Diego, CA, October 1-4, 2009
- The Midlife Journey: Falling Apart, Growing Up and Finding Joy, Council on Alcohol and Drugs Houston, September 29, 2009
- The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion and Connection, Omega Institute for Holistic Studies, Rhinebeck, NY, August 14-16, 2009
- Addiction Studies Institute, Keynote, Workshop, Columbus, OH, August, 9, 2009
- Hazelden Women Healing Conference Tampa, FL, May 15-16, 2009
- Hazelden Women Healing Conference, Minneapolis, MN, April 17-18, 2009
- Hazelden Women Healing, Honolulu, HI, March 13-14, 2009
- Alamo Heights High School, Parent Student Teacher Organization, San Antonio, TX, February 16-17, 2009
- Laity Lodge Women's Retreat, Kerrville, TX, January 19-22, 2009

## 2008

- Minnesota's 5th Annual Statewide Conference on Female Offenders, University of Minnesota, St. Paul Campus, November 11-13, 2008
- National 2-Day Training for the Connections Curriculum, Houston, TX, November 7-8, 2008
- 12th National Conference of Women Working in Corrections and Juvenile Justice, Keynote and Workshop, Des Moines, IA, October 26-27, 2008
- Utah's 30th Annual Fall Substance Abuse Conference, Keynote and Workshop, Layton, UT, October 3, 2008
- The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion and Connection, The Children's Museum of Houston, September 23, 2008
- Morelock Pastoral Care Symposium, Memorial Hermann Hospital Clinical Pastoral Education, Houston, TX, September 19, 2008
- An Evening with Harriet Lerner & Brené Brown, Houston, TX, September 16, 2008
- Women & Courage: Expressing Women's Wisdom in the 21st Century, The Omega Institute for Holistic Studies, Rhinebeck, NY, September 12-14, 2008
- Risk Reduction Nurses' Education Day, Methodist Hospital, August 2, 2008
- "I Thought It Was Just Me", The Omega Institute for Holistic Studies, Rhinebeck, NY, July 25-27, 2008
- Methodist Hospital System, Women's Health, Weekend Retreat, July 11-13, 2008
- The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion and Connection, The Children's Museum of Houston, April 22, 2008
- Nobel Women's Initiative Planning Meetings, Fredericksburg, VA, April 7-9, 2008
- St. Andrew's Episcopal Church, Diocese of Northwest Texas Deacons' Retreat, Amarillo, TX, arch 27-30, 2008
- St. Andrews Episcopal School, *The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion and Connection*, Austin, TX, March 6, 2008
- Women's Studies Week, University of Houston Clear Lake, Lecture and Book Signing, March 3, 2008
- The Jung Center – Distinguished Lecturer series, *Empathy: The Heart of Connection*, Houston, TX, February 23, 2008
- Methodist Hospital, Palliative Medicine Grand Rounds, Empathy, Vulnerability and Shame Resilience: Developing Meaningful Connections with Patients and Families, Houston, TX, February 12, 2008

- Houston Group Psychotherapy Society, Houston, TX, January 11, 2008
- The Houston Seminar, *The Pursuit of Perfection: I Thought It Was Just Me*, January 9, 2008 and January 12, 2008
- Jewish Federation Breakfast for Business and Professional Women, Houston, TX, January 10, 2008

## 2007

- Hazelden Women Healing Conference, Chicago, IL, November 30 – December 1, 2007
- The University of Maryland School of Social Work, November 2, 2007
- Southwestern Association of Episcopal Schools 2007 Conference, *Empathy and Shame: Where Connection and Learning Begin and End*, Houston, TX, November 9-10, 2007
- Hazelden Women Healing Conference, White Plains, NY, October 26-27, 2007
- Baylor College of Medicine, Menninger Department of Psychiatry and Behavioral Sciences, Grand Rounds, October 17, 2007
- River Oaks Baptist Church, "How Big is Your Fig Leaf?", Lecture and Discussion, Houston, TX, October 18, 2007
- The Jung Center – Distinguished Lecturer series, *Reclaiming Power and Courage in a Culture of Shame*, Houston, TX, October 13, 2007
- Shell Oil - 2007 SEA Shell GLBTS Network Annual Learning Conference, Houston, TX, October 12, 2007
- 9th Annual Protecting Texas Children Conference, "The Role of Shame in Risk to Children", Houston, TX, October 2, 2007
- Hazelden Women Healing Conference, San Francisco, CA, September 28-29, 2007
- Omega Institute and V-Day's Women, Power and Peace Conference, Rhinebeck, NY, September 14-17, 2007
- The Council on Alcohol and Drugs – Houston, Exploring Shame & Building Resilience: A New Psychoeducational Approach for Helping Men, Women, Couples and Families Develop Shame Resilience, Houston, TX, July 20, 2007
- The State Associations of Addiction Services National Conference for Executive and Senior Managers in Addiction Services, Plenary - "*The Only Constant is Change: Developing Connection and Courage in Overstressed and Anxious Organizations*", Chicago, IL, July 10, 2007
- Nobel Women's Initiative, Women Redefining Peace: The Middle East & Beyond, Galway, Ireland, May 29-31, 2007
- Hazelden Women Healing Conference, Tampa, FL, May 18-19, 2007
- Gender: The Unnecessary Divide, St. Luke's Methodist Church, Houston, TX, May 6, 2007
- Hazelden Women Healing Conference, Minneapolis, MN, April 20-21, 2007
- Hazelden Graduate School of Addiction Studies, Women, Shame and Resilience, Faculty Lecture, April 19, 2007
- Exploring Shame and Building Resilience: A Psycho-Educational Approach for Helping Men, Women, Couples and Families, Boise, ID, April 12, 2007
- Exploring Shame and Building Resilience: A Psycho-Educational Approach for Helping Men, Women, Couples and Families, Portland, OR, April 11, 2007
- 30th Annual Governor's Conference on Substance Abuse, Keynote Address *Embracing Change with Courage, Compassion and Connection*, Des Moines, IA, April 10, 2007
- Girl Scouts of America, San Jacinto Council, March 31, 2007

- Houston Area Marriage and Family Therapists, Connections: Shame Resilience Curriculum, The United Way, March 29, 2007
- Brigid's Hope, Christ Church Cathedral, Houston, TX, March 28, 2007
- Harris County Hospital District, Practicing Empathy with Difficult Patients and Families, The United Way, Houston, TX, March 20, 2007
- Alamo Heights High School, Parent, Student, Teacher Organization, Substance Abuse Prevention Day, San Antonio, TX, March 9, 2007
- The Jung Center – Distinguished Lecturer series, *Reclaiming Power and Courage in a Culture of Shame*, Houston, TX, March 7 – April 4, 2007
- Reading and Book Signing, The Twig Book Shop, San Antonio, TX, February 28, 2007
- Reading and Book Signing, The Brazos Book Store, Houston, TX, February 27, 2007
- *I Thought It Was Just Me*, Lecture and Discussion, University of Houston, Women's Resource Center, February 13, 2007
- Empathy and Shame: Where Character Education and Learning Begin and End, Workshop for Education Professionals, Portland, OR, February 9, 2007
- Empathy and Shame: Where Character Education and Learning Begin and End, Workshop for Education Professionals, Chicago, IL, February 8, 2007
- Reading and Book Signing, Women and Children First Bookstore, Chicago, IL, February 7, 2007
- Lecture and Discussion, Brigid's Hope, Christ Church Cathedral, Houston, TX, February 4, 2007

## 2006

- The Texas Council on Family Violence 24th Annual Conference, Austin, TX, October 2006
- Planned Parenthood, Brazos Bookstore, Houston, TX, September 2006
- The Council on Drugs and Alcohol – Houston, TX, August 2006
- Browning Elementary School, Houston, TX, August 2006
- Houston Association of Marriage and Family Therapists, Houston, TX, August 2006
- Children's Assessment Center, Houston, TX, April 2006
- The Children's Assessment Center, Houston, TX, April 2006
- The Women's Home, Houston, TX, April 2006
- Montrose Counseling Center, Houston, TX, April 2006
- Mothers of Preschoolers, Houston, TX, March 2006
- The Institute for Rehabilitation & Research, Houston, TX, March 2006
- Duke University Hospital, Raleigh, North Carolina, March 2006
- Women's Studies, University of Houston Clear Lake, February 2006
- The Women's Home, Houston, TX, February 2006
- University of Houston – Clear Lake, Family Therapy Association, January 2006

## 2005

- The Institute for Rehabilitation & Research, Houston, TX, October 2005
- Spectrum Conference on Addiction and Recovery, Houston, TX, October 2005
- United Nations Decade of Non-violence, Houston, TX, September 2005
- Asians Against Domestic Abuse, Houston, TX, April 2005
- Council on Alcohol and Drugs, Houston, TX, April 2005
- Society for Social Work Leadership in Healthcare, National Conference, Houston, TX, April 2005
- Fort Bend Family Health Center, Richmond, TX, April 2005
- St. Luke's Hospital, Houston, TX, March 2005

- The Bridge Over Troubled Waters, Pasadena, TX, March 2005
- Memorial Hermann Prevention and Recovery Center, Houston, TX, March 2005
- Council on Alcohol and Drugs – Houston, TX, March 2005
- Unity Church of Christianity, Houston, TX, March 2005
- Houston Association of Marriage and Family Therapists, Houston, TX, March 2005

## **2004**

- Meds-PDN Continuing Education for Mental Health Professionals, Boston, MA, December 2004
- Meds-PDN Rochester Institute of Technology, Rochester, NY, December 2004
- State conference on women's mental health sponsored by the Mental Health Association and Menninger Hospital, Houston, Texas, November 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Fargo, ND, November 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Minneapolis, MN, November 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Des Moines, IA, November 2004
- Society for Social Work Leadership in Healthcare, October 2004
- Montrose Counseling Center, Houston, TX, October 2004
- Emerson Unitarian Church, Houston, TX, October 2004
- First Unitarian Church, Houston, TX, October 2004
- University of Pittsburgh School of Social Work, October 2004
- Case Western Reserve University, Mandell School of Social Sciences, October 2004
- Houston Area Women's Center, Houston, TX, September 2004
- Montgomery County Women's Center, Conroe, TX, September 2004
- University of Maryland – Baltimore, School of Social Work, September 2004
- River Oaks Women's Breakfast Club, Houston, TX, July 2004
- University of Houston Social Work Alumni Association, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Boise, ID, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Reno, NV, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Eugene, OR, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Portland, OR, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Austin, TX, June 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Dallas, TX, June 2004
- Meds-PDN Continuing Education for Mental Health Professionals, San Antonio TX, June 2004
- University of Maryland – Baltimore, School of Social Work, May 2004
- University of Pittsburgh, School of Social Work, May 2004
- Montgomery County Women's Center, The Woodlands, TX, April 2004
- University of Houston Graduate School of Social Work, Continuing Education, Houston, TX, February 2004
- National Association of Social Workers, Houston, TX, February 2004

## **2003**

- Women's American Medical Association, University of Texas Health Science Center, Houston, TX, November 2003
- University of Houston Graduate School of Social Work, Continuing Education, Houston, TX, May, 2003

- University of Houston – Clear Lake, Social Work Seminar, Houston, TX, February 2003
  - University of Houston Graduate School of Social Work, Continuing Education, Houston, TX, May 2003
- 

## **TELEVISION AND FILM**

- *Brené Brown: Atlas of the Heart*, March 31, 2022
- *Brené Brown: The Call to Courage*, April 21, 2019
- *Wine Country*, May 8, 2019.

## **CONSULTING**

- Microsoft U.S., Dare to Lead, 2020-2021
  - Pixar, Inclusion Summit, Leadership: Vulnerability & Courage, Emeryville, CA, January 7 – 9, 2019
  - H.E.B., July, 2019
  - Nutanix, February 20, 2019
  - Google, Mountainview, CA, March 21 - 22, 2018
  - Salesforce, Living & Leading Authentically, Napa, CA, March 7, 2018
  - Obama Foundation, Chicago, IL, May 15 -16, 2018
  - Nike, Portland, OR, November 7, 2018
  - Chick-fil-A, Atlanta, GA, December 10 – 12, 2017
  - Georgia Institute of Technology, Atlanta, GA, October 24, 2017
  - Ralph Lauren, New York, NY, December 8 – 9, 2016
  - Harvard Divinity School, Boston, MA, December 1 - 2, 2016
  - Ralph Lauren, New York, NY, November 14 – 15, 2016
  - Shell, Inc., Four Pillars of Courage Workshop, Houston, TX, April & October, 2017
  - Dell Women and Leadership, June 1 – 2, 2014
  - Starbucks, Chicago, IL, September 4 - 5, 2019
- 

## **MEDIA COVERAGE**

### **Podcasts**

- *Armchair Expert with Dax Shepherd*, February 10, 2022
- *Apple Well Said*, Brené Brown on What it Means to be Human, January 12, 2022
- *Apple The Happiness Lab*, How to Identify Your Negative Emotions, January 3, 2022
- *We Can Do Hard Things with Glennon Doyle*, Part 2: Dr. Brené Brown: On Holding Boundaries & Facing Our Fear, December 2, 2021
- *Apple Super Soul*, December 1, 2021
- *We Can Do Hard Things with Glennon Doyle*, Part 1: Dr. Brené Brown: How to Know Ourselves and Be Known By Our People, November 30, 2021
- *Poured Over: Barnes & Noble Podcast*, November 29, 2021

- *Happy Place with Fearne Cotton*, November 29, 2021
- *A Bit of Optimism with Simon Sinek*, Episode 27: The One with Brené Brown, April 13, 2021
- *Work Life with Adam Grant*, Taken for Granted: Brené Brown on What Vulnerability Isn't, February 23, 2021
- *Films to be Buried With With Brett Goldstein*, Brené Brown: Episode 134, February 10, 2021
- *The Laverne Cox Show*, Moving Beyond Us vs. Them with Brené Brown, February 4, 2021
- *Three Books with Neil Pasricha*, Brené Brown on Building Boundaries and the Beacon of Bell, January 13, 2021
- *Archewell Audio*, 2020 Archewell Audio Holiday Special, December 30, 2020
- *The New York Times*, Sway Hosted by Kara Swisher, December 17, 2020
- *The Economist Asks*, How Can People Preserve Their Mental Health in the Covid Era, October 22, 2020
- *Alan Alda's Clear and Vivid*, Brené Brown – on Empathy, Courage and Where They Come From, July 28, 2020
- *The Flying Coach with Steve Kerr and Pete Carroll*, NFL Draft Recap, Handling a Championship Loss, and Vulnerability in Sports with Brené Brown, April 28, 2020
- *CBS This Morning*, Brené Brown's Four Tips for Navigating Anxiety During the Coronavirus, April 8, 2020
- *IN PURSUIT from Glassdoor with Brené Brown*, October 11, 2019
- *Under the Skin with Russel Brand*, Vulnerability & Power, June 24, 2019
- *Ten Percent Happier with Dan Harris*, Brené Brown, Vulnerability: The Key to Courage, May 1, 2019
- *Meaningful Conversations*, Brené Brown Shares Why You Have to be Vulnerable to Be Brave, April 22, 2019
- *WTF with Mark Maron*, Brené Brown, April 22, 2019
- *The Goop Podcast*, Gwyneth x Brené Brown, On The Roots of Shame, Courage, and Vulnerability, April 18, 2019
- *The Next Question with Austin Channing*, Becoming Ourselves, November 11, 2018
- *Finding Mastery*, Dr. Brené Brown, Research Professor and Author, November 7, 2018
- *Armchair Expert with Dax Shepard*, LIVE FROM AUSTIN: Brené Brown, August 17, 2018
- *Blanchard LeaderChat*, Brave Work. Tough Conversations. Whole Hearts: Brené Brown on Dare to Lead, October 15, 2018
- *Live Inspired Podcast* with John O'Leary, October 11, 2018
- *Parade.com*, Listen: Brené Brown Wants You to Dare to Lead, October 11, 2018
- *NPR 1A*, Who You Are At Work Has Everything To Do With Your Boss, October 9, 2018
- *Good Life Project*, Brené Brown: Vulnerable, Brave, and Awake (Best Of), August 1, 2018
- *Magic Lessons*, Brené Brown on "Big Strong Magic," July 25, 2018
- *Pod Save the People with Deray*, Joy & The Gift, March 6, 2018
- *HelloHumans*, Be Afraid And Do It Anyway With Brené Brown, March 22, 2018
- *Foundr*, The Power of Embracing Vulnerability as an Entrepreneur with Brené Brown, March 19, 2018
- *Psychologies!* Brené Brown Talks To Psychologies Podcast About Her New Book, Braving the Wilderness, May 7, 2018
- *Design Matters with Debbie Millman*: Brené Brown, October 23, 2017
- *How She Really Does It*, Brené Brown + Worthiness + Enough, September 22, 2017
- *How She Really Does It*, Vulnerability, Shame + Bravery, September 15, 2017

- *NPR 1A*, Brené Brown: The Quest For True Belonging And The Courage To Stand Alone, September 12, 2017
  - *Oprah's SuperSoul Conversations*, August 7, 2017
  - *The Second City Works*, Rising Strong, And Yes, And, May 30, 2017
  - *The Tim Ferriss Show*, Tools of Titans: Brené Brown Distilled, December 10, 2016
  - *The Psychology Podcast*, Brené Brown on Creativity, Courageous Vulnerability, and Wholehearted Living, November 23, 2016
  - *Her Money*, Brené Brown Makes Sense of Why Money Makes Us Feel So Vulnerable – And How To Deal, August 3, 2016
  - *The Lively Show*, How To Compassionately Set Boundaries in Relationships with Brené Brown, February 18, 2016
  - *Being Boss*, Vulnerability as Creative with Brené Brown, October 20, 2015
  - *Sounds True*, Brené Brown: The Courage to be Vulnerable, January 29, 2013
- 

## **NATIONAL MEDIA (TELEVISION, PRINT AND ONLINE)**

### **2022**

- *SXSW 2022 Live Studio*, March 12, 2022
- *The New York Times*, Pickleball is Ready for Prime Time, February 18, 2022
- *CBSN Person to Person with Norah O'Donnell*, January 25, 2022
- *OWN*, Oprah Talks with Brené Brown About the Power of Being Able to Name Your Emotions, January 6, 2022

### **2021**

- *NBC*, Brené Brown Discusses Atlas of the Heart, Her New Book About Emotions, December 10, 2021
- *NBC The Ellen DeGeneres Show*, December 9, 2021
- *Houston Chronicle*, Brené Brown Taps into our Emotions with New Book, December 3, 2021
- *CBSN Person to Person with Norah O'Donnell*, December 2, 2021
- *NPR 1-A*, Brené Brown on the Power of Naming our Emotions, December 1, 2021 (radio)
- *NBC Today Show*, Brené Brown Explains the Difference Between Belonging and Fitting In, November 29, 2021
- *CBS This Morning*, Brené Brown Discusses Her New Book Atlas of the Heart, November 29, 2021
- *OWN*, Oprah Daily Video Interview, November 28, 2021
- *Time Magazine*, Brené Brown Thinks You Should Talk About These 87 Emotions, November 12, 2021
- *The New Yorker*, Brené Brown's Empire of Emotion, September 27, 2021
- *CBS This Morning/Talk of the Table*, September 1, 2021
- *Audible blog*, Tarana Burke and Brené Brown Created 'You Are Your Best Thing' as a Soft Place for Black People to Land, May 17, 2021
- *NBC The Ellen DeGeneres Show*, May 17, 2021
- *TIME Magazine*, 40 Ways to Build a More Equitable America, May 13, 2021
- *CBS The Talk*, May 3, 2021

- *WNYC All of It With Alison Stewart*, Brené Brown and Tarana Burke on their Anthology *You Are Your Best Thing*, April 28, 2021 (radio)
- *Comedy Central The Daily Show*, Tarana Burke & Brené Brown - Vulnerability Through the Lens of the Black Experience, April 27, 2021
- *CBS This Morning*, Tarana Burke and Brené Brown Discuss Race, Vulnerability, and Shame in New Book, April 26, 2021
- *Wall Street Journal*, Brené Brown on Why Good Leadership Has Nothing to do With Your Salary + Instagram LIVE, April 12, 2021
- *CBS The Drew Barrymore Show*, April 5, 2021
- *NBC The Kelly Clarkson Show*, January 7, 2021

## 2020

- *LinkedIn*, This is Working with Dan Roth, December 10, 2020
- *Business Insider*, Three Questions You Should Ask Yourself Before Becoming a Manager, According to a Social Scientist Who's Spent Two Decades Studying Leadership and Empathy, November 27, 2020
- *NBC The Tonight Show Starring Jimmy Fallon*, November 11, 2020
- *Business Insider*, Joe Biden is an Excellent Example of Vulnerable Leadership, Says Prominent Social Scientist Brené Brown, November 9, 2020
- *Facebook Watch*, Red Table Talk, September 28, 2020
- *NBC Today Show* Is Perfectionism Getting in Your Way?/How to Have Difficult Conversations About Race/How to Teach Kids About Feeling Uncertain vs. Unsafe, September 11, 2020
- *NBC Today Show*, Brené Brown Talks About 10<sup>th</sup> Anniversary Edition of the Gifts of Imperfection/Brené Brown Reveals her One Big Regret About Social Media, September 10, 2020
- *CBS This Morning*, Brené Brown on the 10<sup>th</sup> Anniversary of the Gifts of Imperfection, September 8, 2020
- *The New York Times*, Why be Vulnerable?, August 13, 2020
- *NBC Today Show*, Brené Brown Delivers a Message of Hope to 2020 Graduates, May 28, 2020
- *Texas Monthly*, How the Pandemic Turned Brené Brown into America's Therapist, May 26, 2020
- *Austin American-Statesman*, 'It's for the Best': UT Graduation Endures Online Amid Coronavirus Pandemic, May 23, 2020
- *The Daily Texan*, Brené Brown Talks Virtual Commencement Speech, Choosing Courage Over Comfort, May 19, 2020
- *NBC The Tonight Show Starring Jimmy Fallon*, May 12, 2020
- *The New York Times*, Brené Brown is Rooting for You, Especially Now, April 24, 2020
- *University of Texas at Austin Quarantine House 1*, Instagram video, April 21, 2020
- *WNYC All of it with Alison Stewart*, Brené Brown's Call to Courage, April 8, 2020 (radio)
- *WHTZ/iHeartRadio Elvis Duran and the Morning Show*, Brené Brown Reveals the Best Way to Combat Anxiety Amid Coronavirus, April 8, 2020 (radio)
- *NBC Today Show*, Brené Brown Shares Wisdom for Getting Through the Coronavirus Pandemic, March 30, 2020
- *CBS This Morning*, Why Discomfort and Vulnerability are Important, March 30, 2020
- *CBS 60 Minutes*, Brené Brown: The 60 Minutes Interview, March 29, 2020
- *Wall Street Journal*, How an Author is Relieving Stress During the Coronavirus Crisis, March 27, 2020

## 2019

- *CEO Magazine*, Exclusive Interview with Brené Brown: “Failure is part of the ride,” June 4, 2019
- *On Air with Ryan Seacrest*, Brené Brown Breaks Down Why Being Vulnerable is Crucial in Life, June 6, 2019
- *Vanity Fair*, Brené Brown Wants to Change Your Life, May 15, 2019
- *The Cut*, How I Get It Done: Brené Brown, Author and Research Professor at the University of Houston, April 22, 2019
- *New York Magazine*, What I Can’t Live Without, April 22, 2019
- *Parade*, Brené Brown’s New Netflix Special Is Out! The Best 5 Quotes From The Queen Of Vulnerability, April 19, 2019
- *Decider*, Brené Brown Will Change Your Life in Her New Netflix Special, April 10, 2019
- *Refinery 29*, Brené Brown on Scammers, Astrology, and Influencer Culture, April 10, 2019
- *Popsugar*, I’ve Only Seen the Trailer For Brené Brown’s Netflix Special, but I Already Feel Empowered, March 19, 2019
- *Texas Monthly*, What I Learned From Brené Brown at SXSW, March 9, 2019

## 2018

- *Daily Break*, 10 Self-Empowering Books To Read Before You Make Any Impractical New Years Resolutions, December 18, 2018
- *PBS Overheard with Evan Smith*, December 13, 2018
- *Greater Good Magazine*, Our Favorite Books of 2018, December 11, 2018
- *Forbes*, Holiday Reads: 10 Inspirational Books for Success in Work and Life, November 24, 2018
- *Wallstreet Journal*, What to Give: Business Books November 15, 2018
- *Time*, America’s Reigning Expert on Feelings, Brené Brown Now Takes on Leadership, November 1, 2018
- *Marie TV*, How to Be Your Most Courageous Self, October 11, 2018
- *CBS This Morning*, October 10, 2018
- *Forbes*, 12 Books on Impact Every CMO Should Read, October 10, 2018
- *Quartz*, Brené Brown’s Advice for Becoming a More Effective Leader, October 10, 2018
- *NPR 1A*, October 9, 2018
- *Inc.*, How this leadership researcher became the secret weapon for Oprah, Pixar, IBM, and Melinda Gates, October, 2018
- *Alcalde*, Longhorn Brené Brown is Leading a Self-Help Revolution, September 1, 2018
- *The Washington Post*, Brené Brown knows what makes a great leader – and most politicians wouldn’t make the cut, October 16, 2018
- *Psych Central*, Building Resilience to Shame, July 2018
- *Hello Sunshine Book Club*, Braving the Wilderness by Brené Brown, February 13 2018
- *Hello Sunshine Book Club*, Braving the Wilderness, January 23 2018
- *Hello Sunshine Book Club*, Braving the Wilderness, January 10, 2018
- *Hello Sunshine Book Club*, January Book Pick Announcement, January 9, 2018

## 2017

- *Success Magazine*, How to Break the Cycle of Shame in Your Life, December 26, 2017
- *Porchlight*, Business Book of the Year, November 7, 2017
- *Thrive*, How Brené Brown Made Vulnerability a Badge of Honor, October 16, 2017
- *AARP*, How to Find a Sense of Belonging, September 15, 2017

- *Forbes*, Brené Brown: Why Human Connection Will Bring Us Closer Together, September 12, 2017
- *Darling*, Vulnerability Can Be Complicated, But That Doesn't Mean You're Doing It Wrong, September 15, 2017
- *Kirkus*, Review: Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, September 12, 2017
- *Good Housekeeping*, The best new reads to snuggle up with this fall, September 22, 2017
- *Momastery*, Learn How To Own The Story Of Your Life With Brené And Me, August 29, 2016
- *Success Magazine*, 5 Ways Being Vulnerable Can Make You Happier, March 20, 2017

## 2016

- *Success Magazine*, TEDX Talks: The Power of Vulnerability, November 9, 2016
- *Austin American Statesman*, Brené Brown's New Book "Rising Strong" Uncovers Secrets to Resiliency, September 23, 2016
- *Greater Good Magazine*, How to Listen to Pain: A Q&A with Brené Brown on Her New Book, Rising Strong, February 17, 2016

## 2015

- *The Guardian*, People will find a million reasons to tear your work down, November 21, 2015
- *Porchlight*, Rising Strong. the Reckoning. the Rumble. the Revolution, October 6, 2015
- *The Oprah Winfrey Network*, Super Soul Sunday, October 4, 2015
- *Spirituality & Health*, Author: Brené Brown, September/October, 2015
- *Better Homes and Gardens*, "Daring Greatly" Author Brené Brown's Advice on Living Courageously, September 21, 2015
- *Christianity Today*, Brené Brown: Why We Need To Own Our Failures, September 18, 2015
- *Bustle*, 15 Books for Confident Women, September 16, 2015
- *FastCompany*, How To Switch Off Your Self-Doubt Under Pressure, September 11, 2015
- *Time*, Spit-Shining Failure, September 11, 2015
- *Seattle Times*, Brené Brown and the power of harnessing underdog emotions, September 11, 2015
- *Time*, 10 Questions with Brené Brown, September 10, 2015
- *Time*, Teaching Kids to Fail, September 9, 2015
- *Publishers Weekly*, Rising Strong, September 8, 2015
- *O, The Oprah Magazine*, Brené Brown on How to Reckon with your Emotions and Change your Narrative, September 2015
- *Costco Connection*, Heartfelt living, September 2015
- *Parade*, Excerpt from Brené Brown's Rising Strong: The Physics of Vulnerability, September 4, 2015
- *Huffington Post*, The Reckoning, The Rumble, and the Revolution, September 2, 2015
- *MSNBC Morning Joe*, September 2, 2015
- *Brain Pickings*, Rising Strong, September 2, 2015
- *Business Insider*, Brené Brown On Resilience, September 1, 2015
- *MSNBC Morning Joe*, September 1, 2015
- *The Today Show*, August 31, 2015
- *Porchlight*, Rising Strong, October 26, 2015
- *Above the Law*, Entering the Arena – Living Wholeheartedly, August 3, 2015
- *The Tennessean*, Best Sellers: Rising Strong, August 30, 2015

- *Business Insider*, One of America's most beloved authors just told us her "number one life hack" for lasting relationships, August 26, 2015
- *Salon*, Brené Brown on embracing failure, setting boundaries, and living with grief, "It is an act of compassion to love yourself," August 26, 2015
- *Bacon on a Bookshelf*, Brené Brown at Music Marathon Works: Rising Strong, August 25, 2015
- *Self*, Why Failing Is A Good Thing – And How You Can Recover Faster, August 25, 2015
- *The Family Therapy Blog*, Rising Strong By Brené Brown, August 25, 2015
- *Houston Chronicle*, Brené Brown's new book is about trying, failing, and what it takes to try again, August 21, 2015
- *Texas Monthly*, Brave Heart: Best-selling author Brené Brown on the risks and rewards of daring greatly, August 19, 2015
- *Success Magazine*, Reading List: Rising Strong, August 15, 2015
- *Don't Stop Believing*, Book Review: Rising Strong By Brené Brown, August 12, 2015
- *Huffington Post*, How To Fail Successfully: A Look At Brené Brown's Rising Strong, August 10, 2015
- *Kirkus*, Review: Rising Strong, August 5, 2015
- *FastCompany*, Brené Brown Wants You To Wallow In Your Failure, August 3, 2015
- *Quiet Revolution*, "You Can Approach Life with Both Fierceness and Grace": An Interview with Brené Brown, June 28, 2015
- *Forbes*, A Summer 2015 Reading List for Creative Leaders, July 4, 2015
- *Elle*, I'm Just a Little Bit In Love with My Shame, July 27, 2015
- *Wisconsin State Journal*, A Selection of Summer Reading, May 29, 2015
- *Bustle*, 11 Inspirational Self-Help Books That Will Actually Inspire You, Because Sometimes Living Is Difficult, May 27, 2015

## 2014

- *Harvard Business Review*, Expressing Vulnerability Makes You Stronger, July 22, 2014

## 2013

- *Inc. Magazine*, Seven Traits of True Leaders, June, 2013
- *O, The Oprah Magazine*, The Wholehearted Life, June, 2013
- *Origin Magazine*, Brené Brown, May, 2013
- *Forbes*, Brené Brown: How Vulnerability Can Make Our Lives Better, April 21, 2013
- *The Houston Chronicle*, Have the Courage to be Imperfect, March 2013
- *The Oprah Winfrey Network*, Super Soul Sunday: Daring Greatly, March 17, 2013
- *The Oprah Winfrey Network*, Super Soul Sunday: Living with a Whole Heart, March 24, 2013
- *NBC-TV/The Today Show*, Daring Greatly, January 23, 2013
- *New York Times*, *Motherlode*, Protecting Teenagers From High School's 'Big Box', January 23, 2013
- *New York Magazine*, Why You Truly Never Leave High School, January 20, 2013
- *New York Times*, *Motherlode*, 12 New Year's Resolutions for Happier Families, December 31, 2012
- *AARP.com*, Brené Brown on Daring Greatly and Embracing Imperfection, January 14, 2013

## 2012

- *New York Times*, *Motherlode*, Parenthood and the New York Times Notable Books List, November 28, 2012
- *Fast Company*, Best Business Books of 2012: Find Fulfillment, Get Productive and Create
- *Healthy Habits*, November 26, 2012

- *Spirituality & Health*, The Hunger for Emotional Intimacy, November, 2012
- *The Wall Street Journal*, Embracing Vulnerability, October 29, 2012
- *USA Weekend*, Hidden Secret to Success: Vulnerability, October 18, 2012
- *Afterpsychotherapy*, Brené Brown's Daring Greatly and the Anti-Shame Zeitgeist, October 16, 2012
- *The Washington Post*, *On Parenting*, Be the Adult you Want Your Children to Be, October 5, 2012
- *The Washington Post*, Exhaustion is Not a Status Symbol, October 3, 2012
- *The Huffington Post*, The Wholehearted Parenting Manifesto, September 28, 2012
- *MSNBC-TV/ The Cycle*, Daring Greatly, September 27, 2012
- *Salon.com*, Brené Brown's Campaign Against Snark, September 18, 2012
- *Fast Company*, Why Doing Awesome Work Means Making Yourself Vulnerable, September 17, 2012
- *800ceoread*, Jack Covey Selects Daring Greatly, September 14, 2012
- *ABC-TV/ Katie*, Daring Greatly, September 13, 2012
- *The Fiscal Times*, Why Success Can Come from 'Weakness' at Work, September 11, 2012
- *Redbook*, Eat, Play, Love, August, 2012
- *Forbes.com*, What Vulnerability Looks Like to Psychopaths, Monks and the Rest of Us, August 31, 2012
- *Health*, Mission Possible: Downtime this Summer, June, 2012
- *The New York Times*, Redefining Success and Celebrating the Unremarkable, June 29, 2012
- *Oprah.com*, 4 Totally Surprising Life Lessons we all Need to Learn, June 14, 2012
- *Self*, Get Real, May, 2012
- *Health*, How to Talk Positive to Yourself, April, 2012
- *Maria Shriver.com*, Shame, Empathy and the Wholehearted Journey, April 12, 2012
- *Oprah.com*, 5 Doable Ways to Increase the Love in Your Life, March 5, 2012

## 2011

- *Maria Shriver.com*, Have you Ever Embraced Vulnerability in Your Life, September 29, 2011

---

## International Media [television, print and online]

- *BBC Radio 4 Woman's Hour*, Brené Brown: Seven Things We Learned About Our Emotions from the Best-Selling Author, December 10, 2021 (United Kingdom)
- *ABC News*, 7.3, Emotions Expert Brené Brown Says the Emotion to be "Very Wary Of" is Contempt, December 2, 2021 (Australia)
- *Seven Network The Morning Show*, Brené Brown Helps Us to Understand our Feelings in Her Latest Book Atlas of the Heart, December 2, 2021 (Australia)
- *Seven Network Sunrise*, December 2, 2021 (Australia)
- *Red Magazine*, December 2, 2021
- *Psychologies Magazine*, The Kindness Conversation: Brené and Dolly, June 8, 2021 (United Kingdom)
- *Red Magazine*, A Decade of Wholehearted Living, November 10, 2020 (United Kingdom)
- *CBC*, The Current with Matt Galloway, Our Adrenaline Can't 'Outpace' COVID-19, but Brené Brown Offers 3 Tips to Better Cope, April 9, 2020 (Canada)
- *Tempo*, How is Vulnerability an Act of Courage, March, 2014 (Brazil)
- *Estado de S. Paulo*, The Power of Vulnerability, February 2, 2014 (Brazil)
- *The Irish Independent*, Why I've Decided to Embrace Vulnerability, February, 2014 (Ireland)

- *Natürlich, Gesund & Munter*, Daring Greatly, February, 2014 (Germany)
- *Elle*, Daring Greatly, February, 2014 (Hungary)
- *Welt am Sonntag*, The Power of Vulnerability, January, 2014 (Germany)
- *Margriet*, The Gifts of Imperfection, January 2014 (Netherlands)
- *Flow*, The Gifts of Imperfection, January 2014 (Netherlands)
- *Cheers*, Daring Greatly, December, 2013 (Taiwan)
- *Brigitte*, We Should Not Avoid Unpleasant Feelings, December, 2013 (Germany)
- *Laviva*, Daring Greatly, December, 2013 (Germany)
- *Cairo Editore*, Daring Greatly, November, 2013 (Italy)
- *Epoca*, Daring Greatly, October, 2013 (Brazil)
- *De Volkskrant*, The Gifts of Imperfection, September, 2013 (Netherlands)
- *Psychologies Magazine*, Why it Takes Courage to be Vulnerable, September, 2013 (United Kingdom)
- *Red Magazine*, The Shame Doctor, September, 2013 (United Kingdom)
- *Marie Claire*, She Who Dares Wins, September, 2013 (United Kingdom)
- *The Sunday Times*, Truth and Dare, September, 2013 (United Kingdom)
- *ABC Radio*, Encounter, with Carmel Howard, August, 2013 (United Kingdom)
- *ABC TV1*, One Plus One, August 1, 2013 (Australia)
- *The Collective Magazine*, It's a Shame We are Not More Vulnerable, August, 2013 (Australia)
- *Radio New Zealand*, Nine to Noon, August 1, 2013 (New Zealand)
- *Good Housekeeping*, What are You Addicted To? August, 2013 (United Kingdom)
- *BBC1*, BBC Breakfast, July 5, 2013 (United Kingdom)
- *Newstalk Radio*, July 3, 2013 (United Kingdom)
- *BBC Radio 4*, Woman's Hour, July 3, 2013 (United Kingdom)
- *Top Sante*, Happiness Theory, July, 2013 (United Kingdom)
- *BBC World Service*, Business Daily, July 3, 2013 (United Kingdom)
- *Happinez*, Daring Greatly, May, 2013 (Netherlands)
- *United Dutch Network*, The Myths of Vulnerability, April, 2013 (Netherlands)
- *De Morgen*, Daring Greatly, April, 2013 (Belgium)
- *Maeli Business Newspaper*, The Courage to be Vulnerable, March 15, 2013 (Korea)
- *Psychologies Magazine*, Dare to be Weak, October, 2012 (United Kingdom)
- *The Guardian*, We Need to Teach our Children that it is OK to be Vulnerable, October 5, 2012 (United Kingdom)
- *The Financial Times*, Time to Open Up at the Office, October 18, 2012 (United Kingdom)
- *The Sunday Telegraph*, Brené Brown on the Power of Vulnerability, September 17, 2012 (United Kingdom)
- *Top Sante*, Make Vulnerability Your Greatest Strength, September, 2012 (United Kingdom)
- *Dumbo Feather*, Brené Brown is a Grounded Researcher, January, 2012 (Australia)

---

## COMMITTEE AND PROFESSIONAL SERVICES

### Commissioner, Council on Social Work Education

Commission on the Role and Status of Women (1st Term 1998-2001 / 2nd Term 2001 - 2004)

**Council on Social Work Education**  
2001 Abstract Review Committee

**Southern Association of Colleges and Schools (SACS)**  
**Subcommittee on Community Relationships and Internal Communication**  
University of Houston – Clear Lake

---