

UH Wellness

FY25OT24b UH Wellness Office Addition (Cubicle)

As the demand to provide additional health and wellness programs and services for UH students increased, UH Wellness was not staff adequately to handle the demand. Determining the right number of staff, a comparison of staff to student ratio was done against other similar departments across the country that resulted in an average ratio of 1:5000. UH Wellness at that time had a staff to student ratio close to 1:16,000. In 2022, UH Wellness use this data and additional justification to request and get approved four additional FTE to fill the need and be more inline with the staff to student ratio in a health education office. Although, having new staff was great, this did not come with an increase in office space.

This one-time request for funds is to redesign a space formally used as a mini conference room, the first Cougar Cupboard and more recently the cupboard storage. The design will provide additional space for professional staff to work and a mini work room for instructional assistants and peer educators.

DSAES Strategic Initiative

Division Cohesion

- Implement **staff communication** strategies that promote a mutual understanding of who we are and what we do.
- Invest in **staff success** through professional development, recognition, and opportunities for broader participation throughout the division.
- Promote and create initiatives that support a healthy **work/life balance** while contributing to division success.

Resources

- Evaluate resources to **identify opportunities** for efficiency, improvement, and transformation.
- Pursue and **develop resources** to address identified gaps and needs.
- Leverage and adapt resources in innovative ways to increase **effective utilization**

FY24 OT Funding Request	
	Amount
Cubicle Workspace	\$10,000
Office Furniture	\$5,000
Admin Fee	\$900
Total	\$15,900