



Counseling and
Psychological Services
Division of Student Affairs

CAPS is respectfully requesting the following **FY 23 One-Time request for JED Campus Programming**

Program	Total Request Amount
JED Campus	22,798

Justification for Request

1. University of Houston will benefit from a coordinated campus-wide effort to systematically engage in prevention and intervention to reduce the likelihood of mental health crises that could lead to high-profile adverse events such as student/ staff/ or faculty suicides. The JED foundation is an organization dedicated to partnering with universities to improve and build upon existing mental health, substance use, and suicide prevention efforts on campuses. The overall purpose of the JED Foundation is to help universities be more intentional in their efforts to build a more resilient campus where students are less likely to become emotionally distressed or suicidal (prevention), and where students who are emotionally distressed or suicidal are identified in time and receive the care they need (treatment). JED can help the University of Houston take a systematic and evidence-based look at how we can improve the general emotional health and well-being of our students. JED has developed a [comprehensive evidence-based approach](#) to improving systems, policies, and programs to enhance emotional well-being and decrease suicides on university campuses. These initiatives fall in 1 of 7 categories: *Develop Life Skills, Promote Social Connectedness, Identify Students at Risk, Increase Help-Seeking Behaviors, Provide mental health and substance abuse services, follow crisis management procedures, and restrict access to lethal means.*

2. We would like to express appreciation to SFAC for your approval of one-time funding in FY 22 for JED Campus. Due to delays in launching JED, we were unable to use all the funding that was granted (29,400) in FY22 and the funds were returned. Therefore, we are again requesting your kind consideration for the remaining unused portion of \$22,798 for FY 23. The funding will support the following: JED Campus visit scheduled on November 15-16, 2002; marketing for the Healthy Minds survey to the student body for two administrations, the first during year 1 and second during year 3 of the JED Campus program; suicide prevention trainings across campus throughout the 4 years of JED Campus; and other programmatic needs that may arise to implement the UH JED Campus Strategic Plan which will be shared after the campus visit.

3. Below is an approximate breakdown of anticipated expenditures if we are approved for the FY 23 one-time request for JED Campus:
 - Programming and Marketing expenses related to the Healthy Minds survey, JED Campus visit, and JED programming related to implementation of the UH JED Strategic Plan = **5,000**
 - Specific training/programs/prevention efforts that will target some of the Jed 7 Key areas, *e.g.) identifying students at risk -require mental health training – materials to conduct suicide prevention trainings (QPR)*
= **17,798**

4. In summary, our goal is support and promote a larger UH initiative of becoming a Health Promoting University. It is critical to create a culture of care, compassion, resiliency, and general well-being that prevents the kind of isolation, helplessness, and despair that leads to suicide. The JED Campus process will help ensure that we examine all our current suicide prevention and intervention practices across our campus and align them with the most effective evidence-based practice.