

UNIVERSITY of HOUSTON

Division of Student Affairs and Enrollment Services
Counseling and Psychological Services

CAPS is respectfully requesting the following **Base Augmentation requests for FY 21**

FY 21 SSF Base Request	Annual Salary	Fringes	6% Admin	Total
01019045_POS - Counselor, Psychological (Lemus)	63,464	22,213	5,141	90,818
01019043_POS - Counselor, Psychological (Zavala-Membreno)	64,790	22,677	5,248	92,715
01019417_POS-Psychologist (Zuniga, Steven)	66,300	23,205	5,370	94,875
01016792_POS-Psychologist (Bingman, Andrew)	67,626	23,669	5,478	96,773
Grand Total	262,180	91,764	21,237	375,181

Justification for Requests

1. According to the Center for Collegiate Mental Health (CCMH), between Fall 2009 and Spring 2015, counseling center utilization increased by an average of 30-40%, while enrollment increased by only 5%. Increase in demand is primarily characterized by a growing frequency of students with a lifetime prevalence of threat-to-self indicators. These same students utilized 20-30% more services than students without threat-to self indicators.
2. The demand for clinical services at CAPS has consistently increased each year. For example, CAPS has experienced a 51.4% increase in unique clients served across all clinical services between FY 17 vs. FY 19.
3. A comparison between FY 18 vs. FY 19 indicated the following increases:
 - A 13.1% increase in unique clients served across all clinical services
 - A 11.9% increase in unique clients triaged
 - A 13.4% increase in total number of clinical appointments offered
 - A 12.4% increase in unique clients served in individual counseling
 - A 10.2% increase in unique clients served in group counseling
4. The International Association of Counseling Services (IACS) recommends **1 staff: 1,000-1,500 students**. Based on the approximate student population of 46,324 for fall 2018, CAPS' staff to student ratio is 1: 2,316.
5. In most recent reaccreditation process (July 2019), IACS indicated the following in its feedback report: *"There remain two concerns regarding staffing and space. You report that your current staff to student ratio is 1:2316. This remains well above the recommended IACS range of 1: 1000-1500. The Board encourages you to continue to advocate for additional staff members to assist in managing the demand, and wait, for services. You also report that you still expect to be able to expand into new space."* Given this feedback and the continued rise in students arriving to college with pre-existing mental health concerns and seeking CAPS services, we are requesting SFAC assistance to improve our staff to student ratio.

Student Service Center Building 1 • 4365 Cougar Village Drive. Room 226 • Houston, TX 77204-3026
713-743-5454 • Fax 713.743.5446 • uh.edu/caps