

UNIVERSITY of
HOUSTON

COUGARS IN RECOVERY

FY20 SFAC Presentation

Presented By:

Program Director

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UNIVERSITY of **HOUSTON**

DIVISION of STUDENT AFFAIRS and ENROLLMENT SERVICES

Mission & Vision

Mission

Cougars in Recovery (CIR) provides students in recovery from addiction a safe and sober environment which assists and supports them as they pursue their academic and professional goals, walk the path of recovery and participate in the opportunities available on campus.

Vision:

Cougars in Recovery aspires to be the premier collegiate recovery community in the nation, establishing the University of Houston as the institution of choice for students seeking collegiate recovery support.

Fostering Student Success

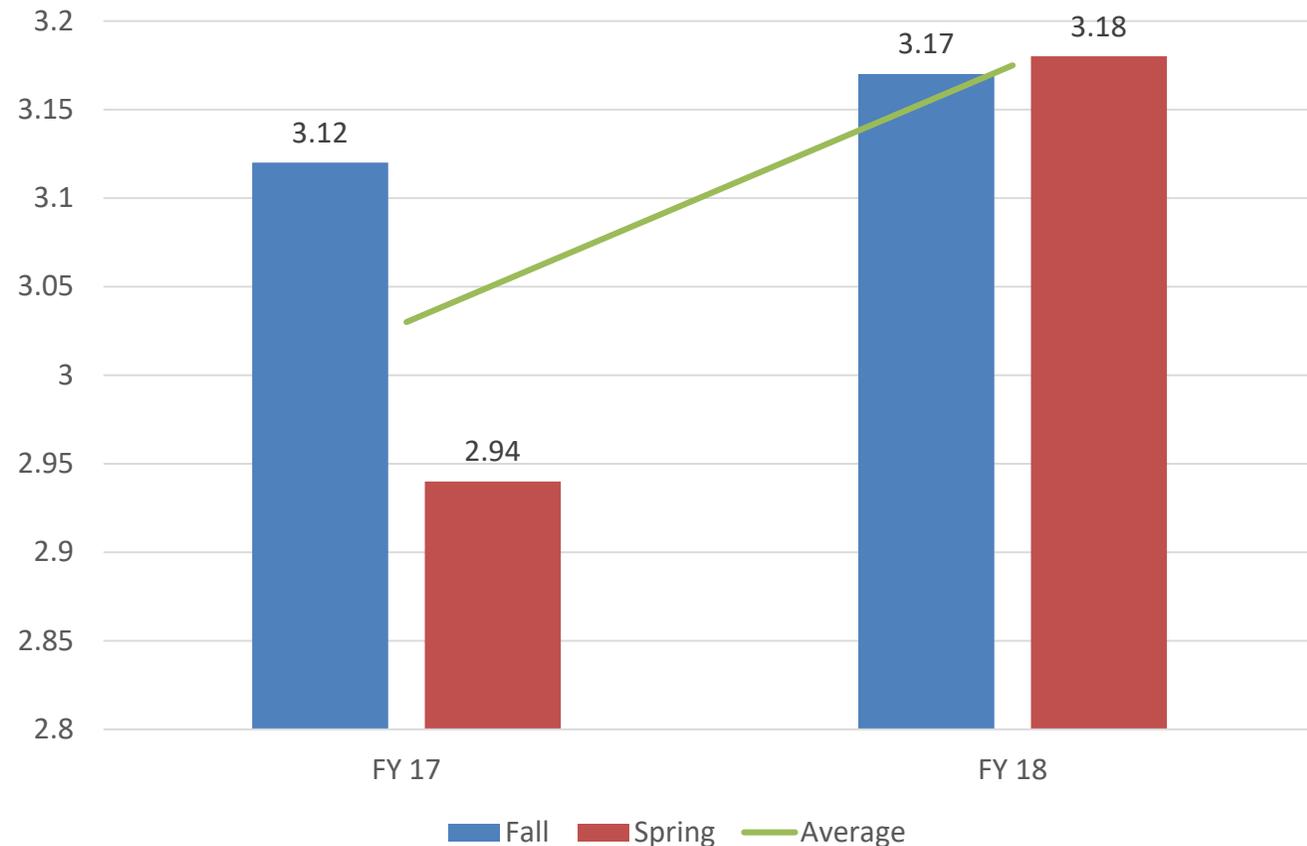
Through learning, engagement and discovery, Cougars in Recovery creates an environment in which student success can be ensured. Cougars in Recovery does this by providing students in recovery from substance use and co-occurring disorders the complete college experience minus drugs and alcohol.

CIR Academic Accomplishments

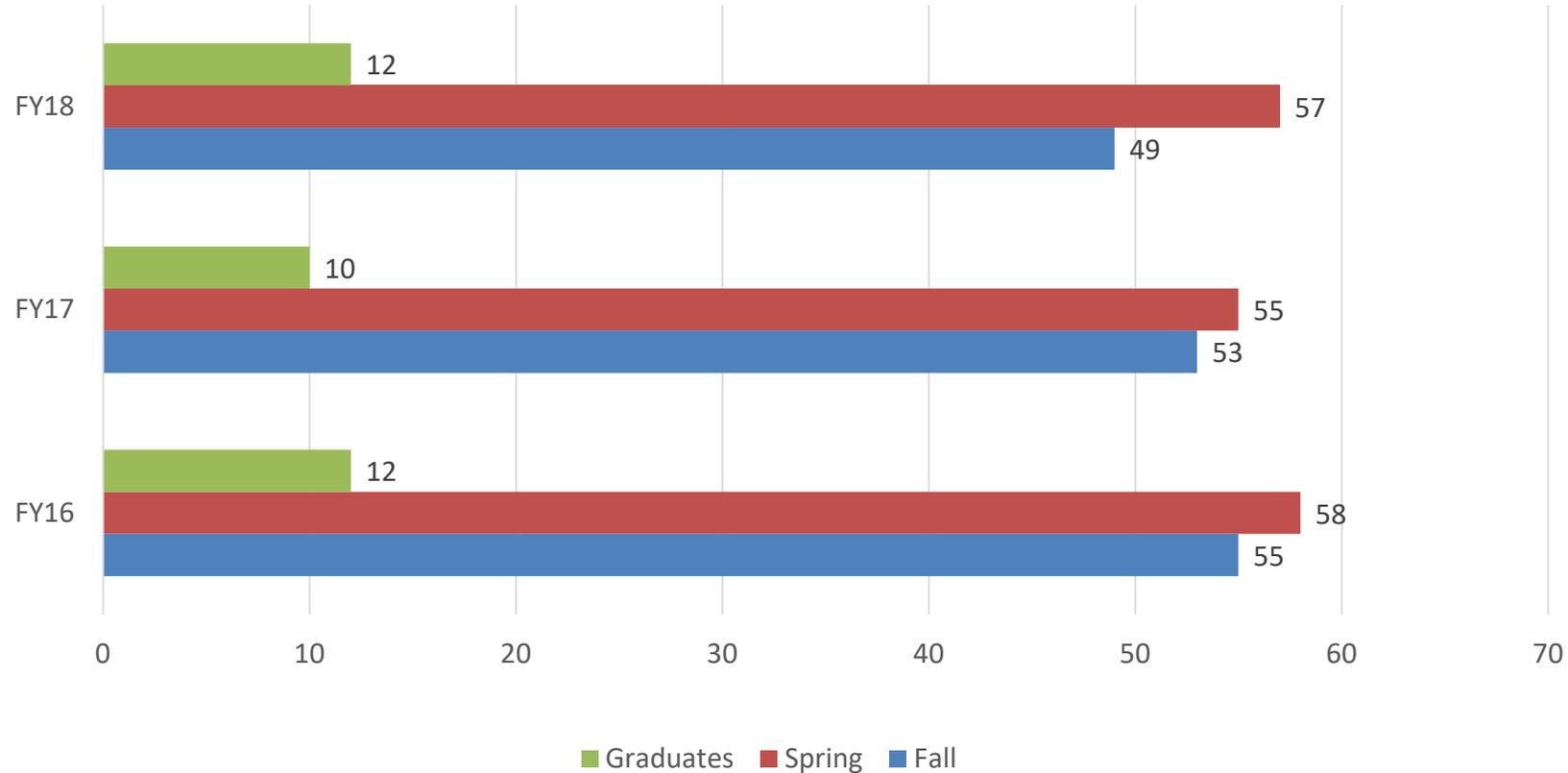
GPA Incentives

- The CIR Recovery Scholarship is an earned award, requiring students to have a 3.0 GPA for both fall and spring semesters prior to the award and one year of continuous recovery.
- The CIR Recovery Scholarships range from \$1,000 to \$3,000 split between fall and spring semesters.
- FY 18 was the third year CIR offered the Recovery Scholarship to community members awarding 11 students \$20,000 in scholarships
- FY 18 was the first year CIR offered a Recovery Housing Scholarship, awarding two students \$10,000 to reside in the recovery housing component of the CIR program

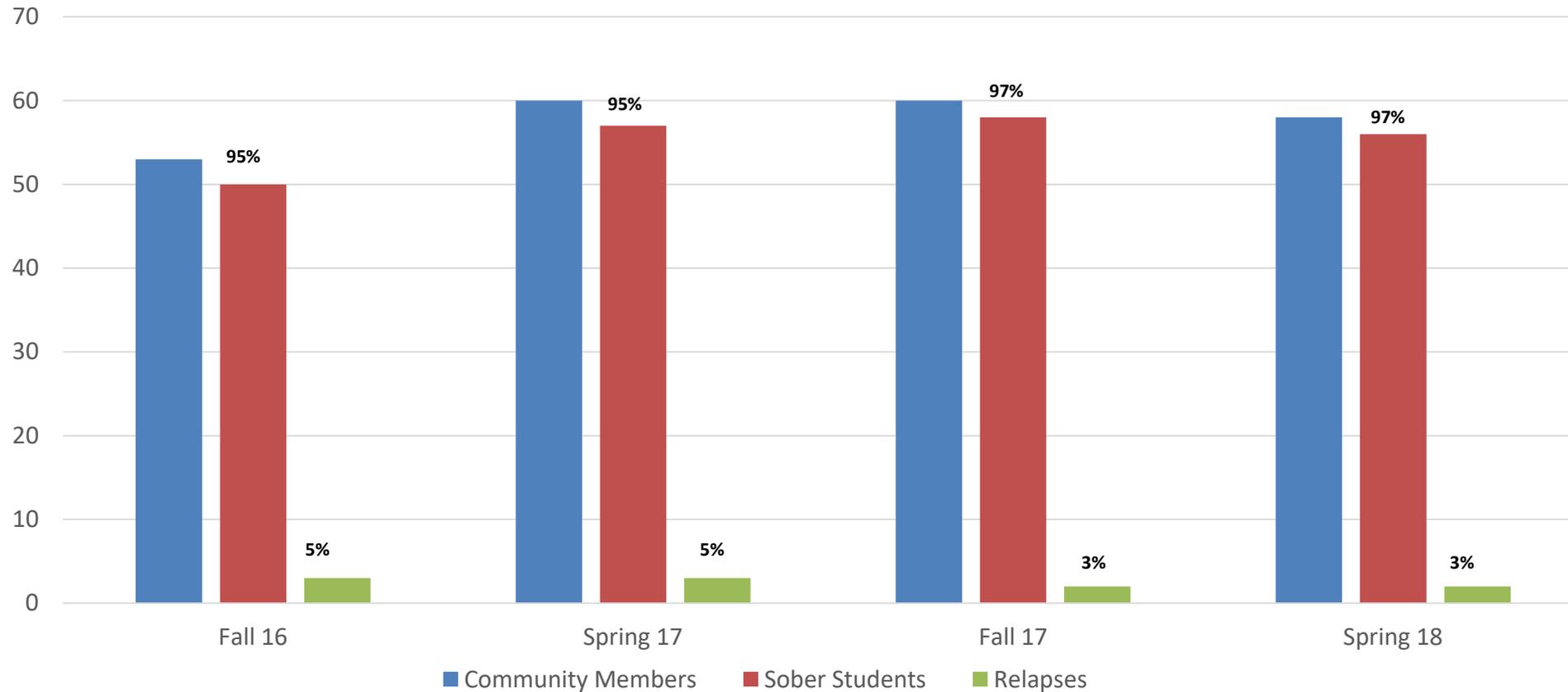
Community GPA Accomplishments



CIR Graduation and Retention Rates



CIR Recovery Accomplishments





Fall 2017



Fall 2017



CIR Graduating Class of 2017-2018



Spring 2018



Spring 2018



Spring 2018

SAVE THE DATE!

JULY 10-12 2018
UNIVERSITY OF HOUSTON

9th National Collegiate
Recovery Conference

17th National Recovery
Schools Conference



For more information about the
Association of Recovery in Higher Education
visit www.collegiaterecovery.org



For more information about the
Association of Recovery Schools
visit www.recoveryschools.org

#ARHEinHTown
#ARSinHTown

Summer 2018

CIR Accomplishments

- Ten students graduated in FY 18
- Six out of the nine graduates secured a position in the workforce prior to graduation
- FY 18 average CIR community GPA - 3.18
- CIR developed two new programs, **Source of Strength Leadership Program** and **Career Ready Coogs**, geared towards student success
- Successfully hosted the 9th Annual National Collegiate Recovery Conference
- Recovery Housing Scholarship - Two \$5,000
- Restructured CIR Recovery Scholarship - \$20,000

CIR Program Expansion



Challenges

- Staffing
 - CIR is a team of two staff that serves 60 students that suffer from Substance use and mental health disorders and they need more attention than the average student
 - According to the Association of Recovery in Higher Education, the staff to student ration should be 1:25
- Recovery Housing
 - More beds are needed to meet the demand for substance free housing from the CIR community Members

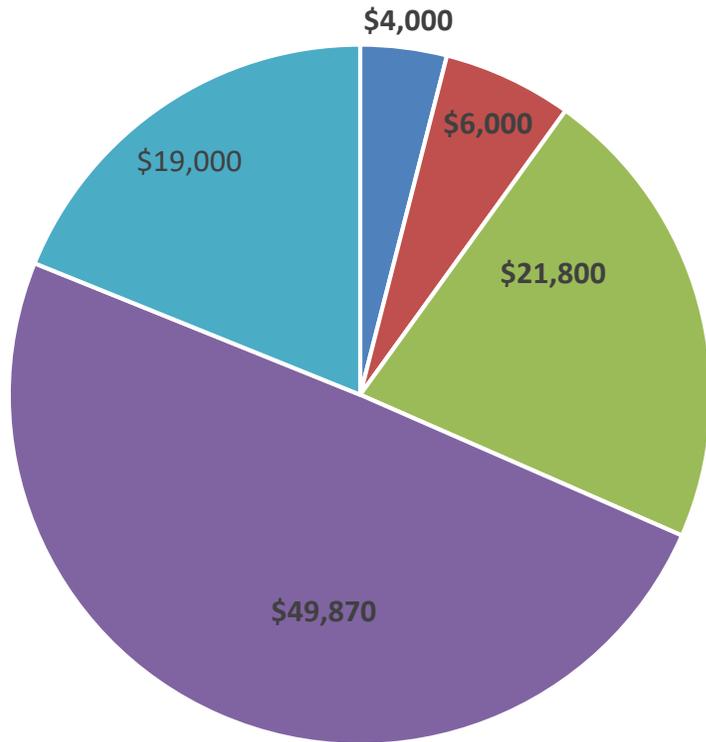
Needs

- Funding for Coordinator Position/Additional Staff
 - Currently, the coordinator position is being funded by dollars from private donors. If this position's salary and benefits was eventually funded through SFAC funding, it would free up nearly \$50,000 that could go toward more programming and scholarships for community members.
- Scholarships
 - Academics/Housing
 - A majority of community members either work full-time or part-time jobs for supplemental income to their financial aid to cover tuition and housing costs

Contributing Organizations to CIR

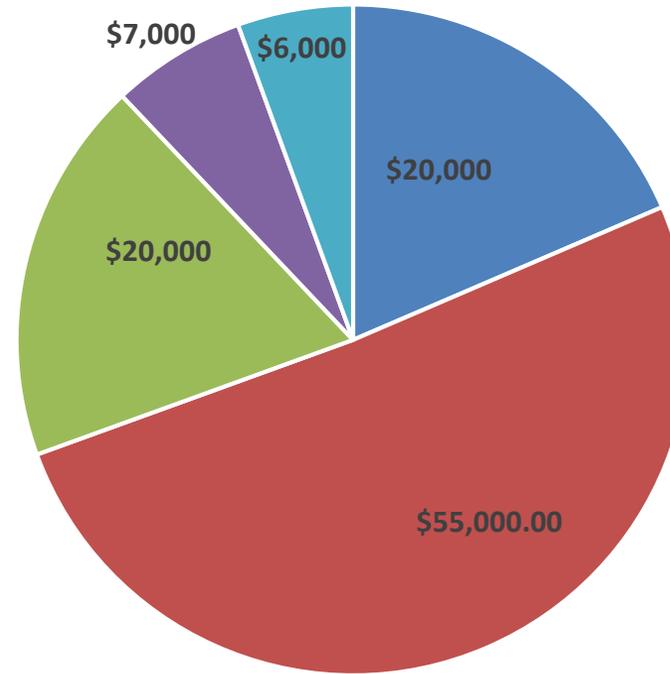
- Private Donation FY 18 - \$17,321
- McGovern Foundation - \$50,000
 - Fifth consecutive year to receive this award
- Hildebrand Foundation - \$25,000
 - Third consecutive year to receive this award
- Trull Foundation - \$8,000
 - Second year to receive this award
- Jackson Foundation - \$1,500
 - First year to receive this award

CIR FY18 Budget



- Outdoor Adventures
- Conference Travel
- Operations
- Personnel
- Student Aid

CIR FY19 Budget



- Operations
- Personnel
- Student Aid
- Outdoor Adventure
- Conference Travel

Questions?

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