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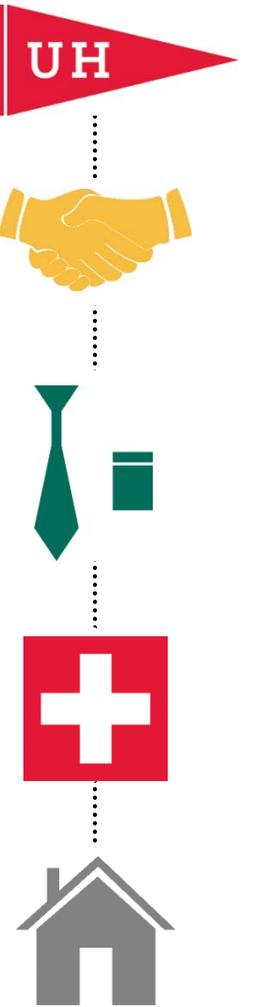
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COUGARS IN RECOVERY

FY 19 SFAC Presentation

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Program Director



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DIVISION of STUDENT AFFAIRS and ENROLLMENT SERVICES

# Mission & Vision

## Mission

Cougars in Recovery (CIR) provides students in recovery from addiction a safe and sober environment which assists and supports them as they pursue their academic and professional goals, walk the path of recovery and participate in the diverse opportunities available on campus.

## Vision:

Cougars in Recovery aspires to be the premier collegiate recovery community in the nation, establishing the University of Houston as the institution of choice for students seeking collegiate recovery support.

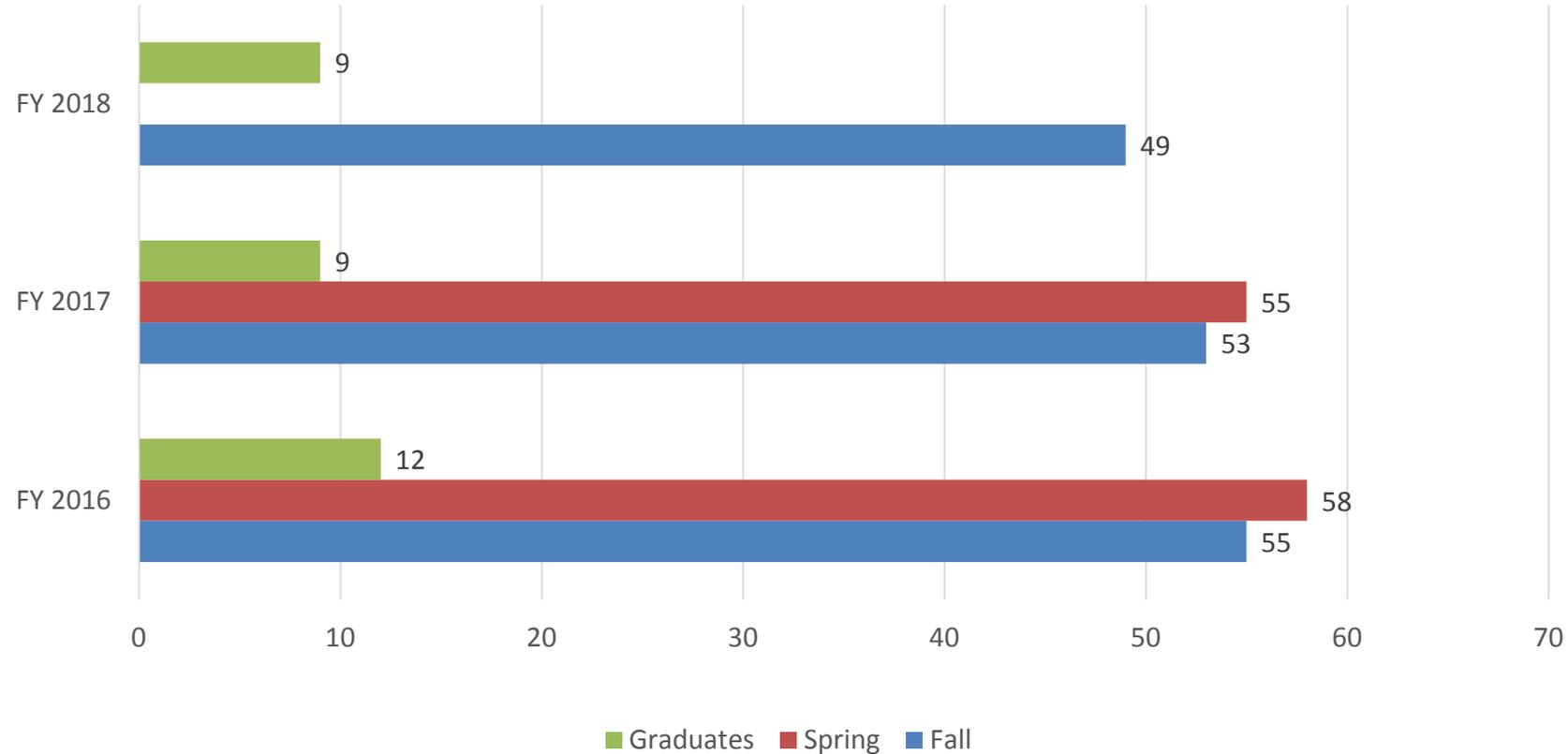
# Fostering Student Success

Through learning, engagement and discovery, Cougars in Recovery creates an environment in which student success can be ensured. Cougars in Recovery does this by providing students in recovery from substance use and co-occurring mental illness the complete college experience without the use of drugs and alcohol.

# CIR Academic Accomplishments

- The CIR Recovery Scholarship is an earned award, requiring students to have a 3.0 GPA for both fall and spring semesters prior to the award and one year of continuous recovery.
- The CIR Recovery Scholarship ranges from \$1,000 to \$3,000 split between fall and spring semesters.
- FY 17 was the second year CIR offered the Recovery Scholarship to community members awarding 13 students \$19,000 in scholarships
- CIR community GPA average for FY17 was 2.93

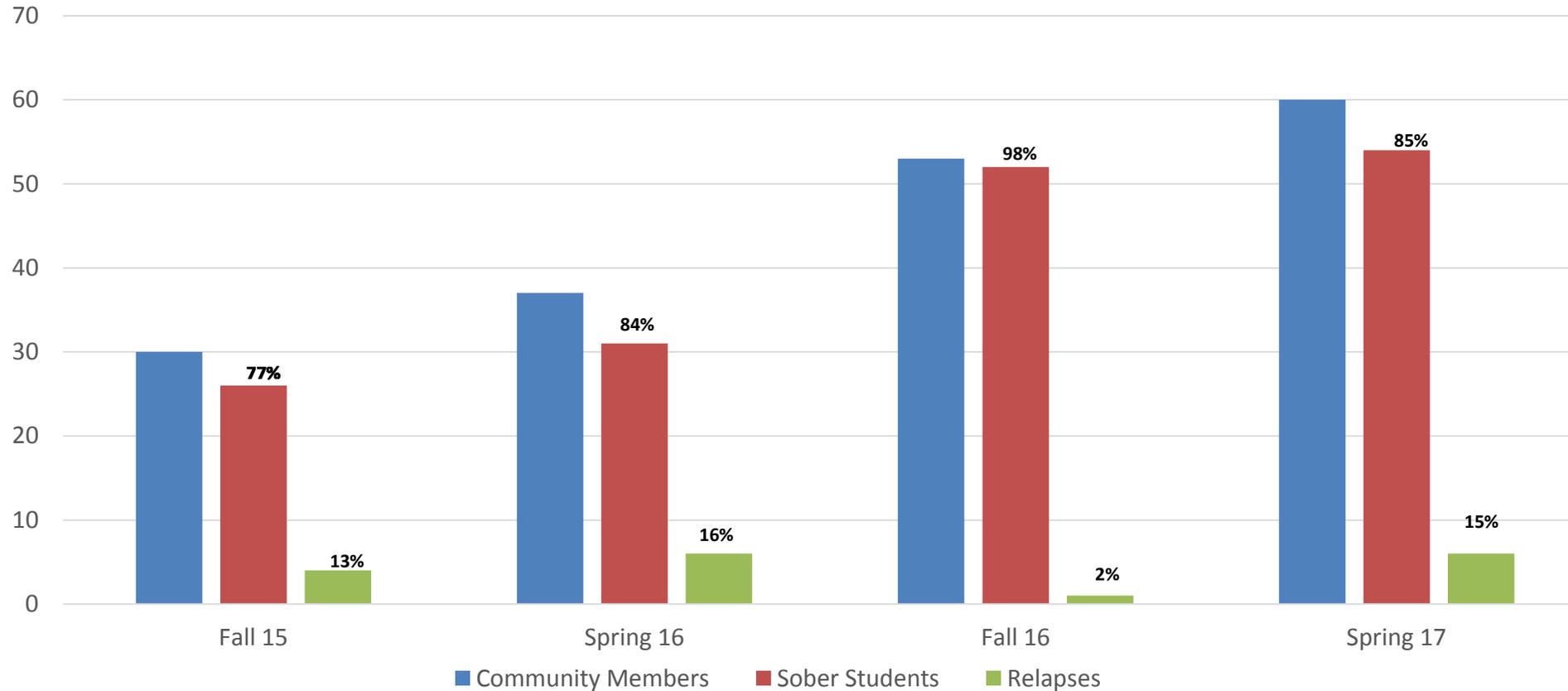
# CIR Graduation and Retention Rates





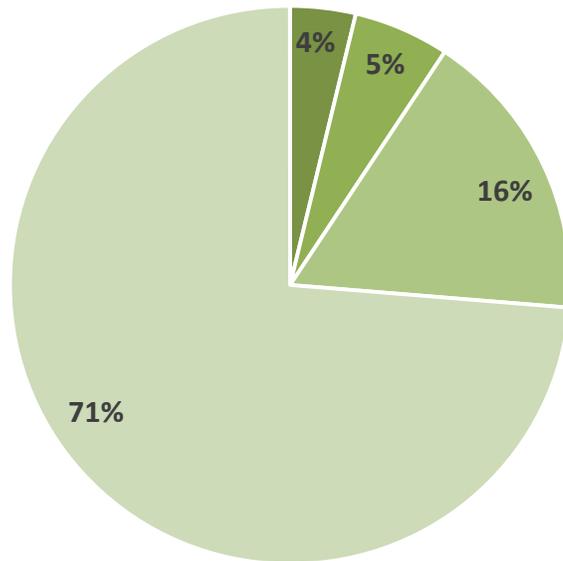
# CIR Graduating Class of 2016-2017

# CIR Recovery Accomplishments



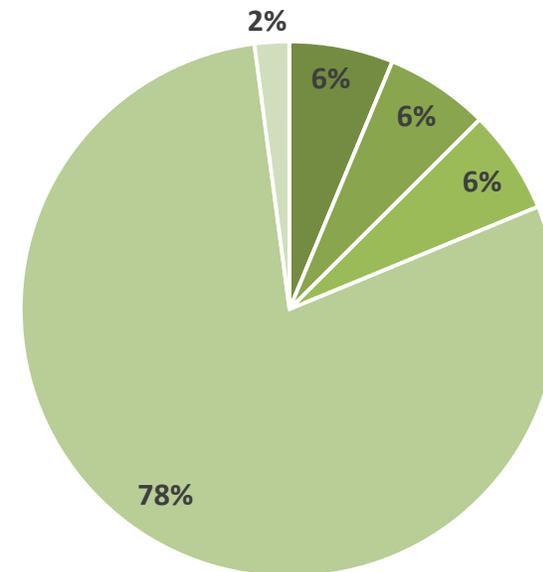
# CIR Community Accomplishments

## Community Demographics FY17



■ African American ■ Asian ■ Hispanic ■ Caucasian

## Community Demographics FY18



■ Multicultural ■ Asian ■ Hispanic  
■ Caucasian ■ American Indian



*CIR Family Photo: Fall 2016*



## *CIR Family Photo: Spring 2017*



*Spring 2017 Outdoor Adventure Learning Experience: Big Bend National Park*



*Spring 2017 Outdoor Adventure Learning Experience: Big Bend National Park*



*Spring 2017 Outdoor Adventure Learning Experience: Big Bend National Park*



*Summer 2017 Association of Recovery in Higher Education Conference: Washington, D.C.*

# CIR Accomplishments

- Nine students graduated in FY 17, two of which graduated with Summa Cum Laude honors
- Six out of the nine graduates secured a position in the workforce prior to graduation
- FY 17 average CIR community GPA - 2.92
- Fall 2016 semester recovery rate - 97%
- CIR saw a 17% increase in participation among its community members
- CIR developed two new programs, **Source of Strength Leadership Program** and **Career Ready Coogs**, geared towards student success

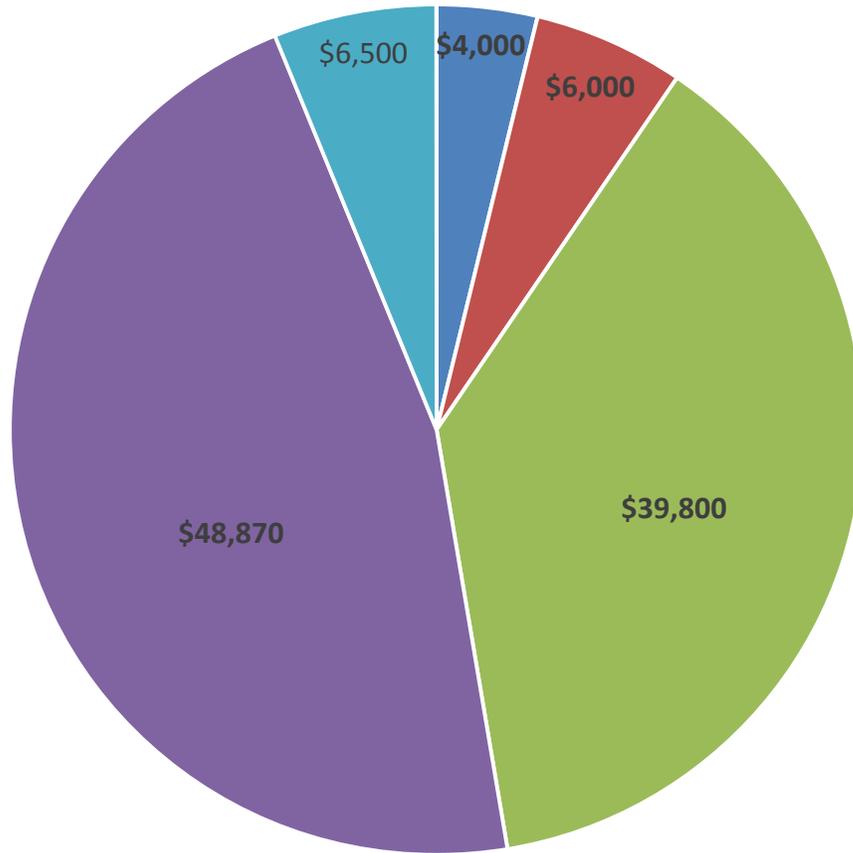
# Challenges

- Recovery Housing
  - Projecting to have more students interested in recovery themed housing through CIR
  - The cost of housing and relieving some of the financial burden off students

# Needs

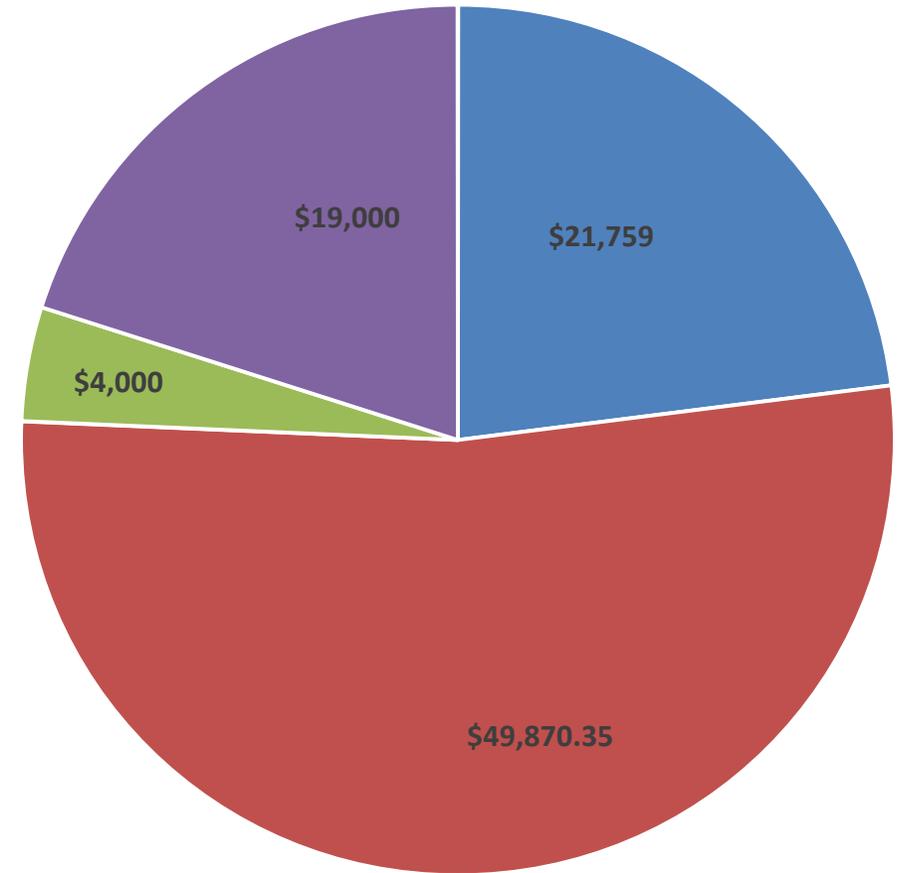
- Funding for Coordinator Position
  - Currently, the coordinator position is being funded by dollars from private donors. If this position's salary and benefits was eventually funded through SFAC funding, it would free up nearly \$50,000 that could go towards more programming and scholarships for community members.
- Scholarships
  - Academics/Housing
    - A majority of community members either work full-time or part-time jobs for supplemental income to their financial aid to cover tuition and housing costs

### CIR FY17 Budget



- Outdoor Adventures
- Conference Travel
- Operations
- Personnel
- Student Aid

### CIR FY18 Budget



- Operations
- Personnel
- Outdoor Adventures
- Student Aid

# Contributing Organizations to CIR

- McGovern Foundation - \$50,000
  - Fourth consecutive year to receive this award
- Hildebrand Foundation - \$25,000
  - Second consecutive year to receive this award
- Trull Foundation - \$1,500
  - First year to receive this award
- CIR is currently fostering relationships with potential private donors for additional support

# Questions?

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