

FY Base Augmentation Request – UH Wellness

Our base augmentation request will fulfill two critical areas of need with in UH Wellness starting in FY17.

First, we are requesting additional base augmentation funds to fund a completely new area of focus within UH Wellness – sexual violence prevention and education. In higher education, we are at a critical point in the national conversation around sexual violence where universities are dedicating ample amount of human and financial resources to educate the campus and prevent sexual violence in all forms. The University of Houston is no exception, with our Sexual Violence Prevention and Education Program Manager (SVPE) being recommended directly from the Chancellor’s task force on sexual violence prevention. This person will create all new original programming, training, and workshops on behalf of UH Wellness, leading the charge to educate campus community members. This will reach a plethora of existing and emerging communities – such as Resident Assistants, fraternity and sorority life, and athletics. In addition, this individual will have a central role in connecting our campus partners (Equal Opportunity Services, Women and Gender Resource Center, etc.) and the work that may already be done on-campus around this topic (ex: “Take Back the Night”) to make sure we are having campus-wide coordinated dialogue. This brand new position was reclassified from a former UH Wellness position, and saw an adjustment in salary from previous years. Thus, with the addition of this new position mid-year in FY16, we are asking for a total of \$7,000.00 to assist with the extra salary and benefit cost for future years, as well as their professional development. Since this is a position that is quickly evolving in higher education, we want to make sure that our new Sexual Violence Prevention and Education Program Manager position is connected to the national conversation and is able to partake in conferences, webinars, and other professional development opportunities.

Second, we are requesting the use of \$5,000.00 to once again conduct the National College Health Assessment (NCHA) in Spring 2017 and subsequent years. UH Wellness is now entering an annual needs assessment cycle, where each Spring will see either the National College Health Assessment conducted or our Campus-Wide Health and Wellness survey. The NCHA is a national bench-marking survey that asks college students their beliefs, perceptions and behaviors around a variety of health and wellness topics – from mental health, to alcohol and other drugs, to nutrition. This information is vital for us to get an idea of student needs, and to enhance our

programming and services. Findings, which have already been shared on-campus, are also beneficial for our partner health and wellness offices like CAPS, the UH Health Center, Campus Recreation, Cougars in Recovery, and the Center for Students with DisABILITIES. It is also being utilized in our “Potty Talks” pilot campaign in the Student Center and many of our workshops and trainings. With membership costs, administration fees, and incentives, the NCHA for Spring 2015 costs us around \$5,500.00. For FY17 and future years, we are expecting a similar – but slightly less – expense.

Itemized Budget Breakdown:

Salary and Benefits Offset for SVPE Program Manager: \$5,000.00

Professional Development (Conferences, Membership Fees): \$2,000.00

Programming and Marketing Supplies for SV programming and education: \$7000.00

National College Health Assessment: \$5,000.00

TOTAL: \$19,000.00