



PEACE CORPS PREP STUDENT GUIDE

The Peace Corps Prep program will prepare you for international development fieldwork and potential Peace Corps service. To accomplish this, you'll build four core competencies through interrelated coursework, hands-on experience, and professional development support. These four competencies are the following:

- Training and experience in a work sector
- Foreign language skills
- Intercultural competence
- Professional and leadership development

This document explains each of these requirements in detail. ***Use this guide to map out your Peace Corps Prep course of study.*** In particular, refer to this when completing your PC Prep application, where you'll need to document how you plan to fulfill each requirement. **This guide aligns point-by-point with each section of the application!**

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1. TRAINING AND EXPERIENCE IN A SPECIFIC WORK SECTOR

3 courses + 50 hours related experience

Leveraging concrete knowledge and skills is central to on-the-ground international development work. Through this

PC Prep program, you will begin to build a professional specialty, which should serve your career well whether or not you become a Peace Corps Volunteer. For PC Prep, you need to complete at least **3 courses** that align with a specific work sector (they can but do not need to come from your academic major or minor). You also must accumulate **a minimum of 50 hours of volunteer or work experience in that same sector**, preferably in a teaching or outreach capacity.

For each sector, we have highlighted only a small number of volunteer and/or work experiences that are available to UH students. For more information, you can visit the [Metropolitan Volunteer Program \(MVP\) website](#). You are also welcome to seek out your own opportunities in the Houston community. If you intend to apply to the Peace Corps, the best way to assure that you will be a strong candidate is to explore Peace Corps' openings and identify the [type of assignments](#) in which you'd like to serve, then review the positions' required and desired qualifications and build them up accordingly. In the process, you should fulfill these PC Prep experiential requirements!

There are [six sectors](#) (www.peacecorps.gov/volunteer/what-volunteers-do/) in which Peace Corps Volunteers serve—detailed below. **Choose one sector to focus on** then complete at least 3 courses + 50 hours of related experience in that sector. *Note: Actual Peace Corps assignments are based on local needs, and thus may or may not align seamlessly with your qualifications. Flexibility is central to the Peace Corps experience!*

1. EDUCATION

Teach lessons that last a lifetime. Education is the Peace Corp's largest program area. Volunteers play an important role in creating links among schools, parents, and communities by working in elementary, secondary, and postsecondary schools as math, science, conversational English, and resource teachers or as early grade reading and literacy teacher trainers. Volunteers also develop libraries and technology resource centers.

If you choose Education, take three courses from any of the following areas

- **Anthropology:**
 - ANTH 2304- Introduction to Language and Culture
- **Curriculum and Instruction (Teaching and Learning majors)**
 - 'Teaching and Learning' majors will meet all Education sector requirements as the certificates include more than three required Education related courses and also includes classroom field experience. Any courses in the following areas are accepted but note that these courses are open to majors/minors only: Curriculum and Instruction (CUIN), Education (EDUC), Elementary Education (ELED), and Secondary Education (SEDE). Recommended courses include:
 - CUIN 4303- Second Language Acquisition
 - CUIN 4361- Second Language Methodology
- **Communication Sciences and Disorders:** Any of the courses below:
 - COMD 2338- Phonetics
 - COMD 2339- Language Development
- **Educational Psychology:** Any courses. Recommended courses include:
 - EPSY 3300- Intro to Educational Psychology
 - EPSY 3360- Individuals with Disabilities
 - EPSY 3360- Special Populations
- **Engineering:**
 - If you plan to teach STEM, you may take any Engineering courses for the requirement.
- **English:** Any courses. Recommended courses include:
 - ENGL 3396- Special Topics- Language Socialization
 - ENGL 4300: Intro to Linguistics / Study of Language
 - ENGL 4303- Teaching English as a Second Language
 - ENGL 4304- Varieties of English
 - ENGL 4311- Language Socialization
 - ENGL 4315- Sociolinguistics
 - ENGL 4322- Grammar and Usage
 - ENGL 4391- Senior Seminar: Advanced Community Engagement
- **Human Development and Family Studies:** Any courses. Recommended courses include:

- HDFS 1300- Development of Contemporary Families
- HDFS 1311- Personal Development and College Success
- HDFS 2317- Intro to Human Development and Interventions
- HDFS 3300- Educational Psychology
- **Philosophy:** Any of the courses below:
 - PHIL 3332- Philosophy of Language
 - PHIL 3395- Selected Topics- Philosophy of Cognitive Science
- **Psychology:** Any of the courses below:
 - PSYC 1300- Intro to Psychology
 - PSYC 2350- Child Development
 - PSYC 4397- Selected Topics- The Bilingual Brain
- **Natural Sciences and Mathematics (NSM):**
 - If you would like to teach in STEM, you may take courses from any of these areas: Biology and Biochemistry, Chemistry, Computer Science, Earth and Atmospheric Sciences, Mathematics, and Physics.
- **Sociology:**
 - SOC 3365- Sociology of Education
- **World Cultures and Literatures:**
 - WCL 1101- Intro to the Study of Languages

*And build 50 hours of **related** field experience through an activity such as:*

- Teaching in one of these or a similar form: in a classroom, with a community outreach organization, or in a formal tutoring capacity.
 - [Teacher Education Field Experiences](#)- UH Teacher Education Programs require student teaching and this would count towards the field experience hours.
 - For NSM majors, the [teachHOUSTON](#) program is a great way to gain field-based teaching experience in STEM as this program requires students to gain 200+ teaching hours at the high school level.
- There are many opportunities to teach/tutor ESL in Houston including:
 - [Literacy Advance of Houston](#)
 - [Refugee Services of Texas](#)
 - [Bilingual Education Institute](#)
 - [Catholic Charities of the Archdioceses of Galveston-Houston](#)
 - [YMCA International Services](#)
- UH has a few organizations that seek tutor volunteers including:
 - [ACES Institute](#)
 - [Barbara Bush Houston Literacy Foundation](#)
 - [CHAMP](#)
 - [Cougar Tutors](#)
 - [Cougar Literacy Corps-AmeriCorps](#)

2. HEALTH

Serve on the front lines of global health. Health Volunteers work within their communities to promote important topics such as nutrition, maternal and child health, basic hygiene, and water sanitation. Volunteers also work in HIV/AIDS education and prevention programs to train youth as peer educators, develop appropriate education strategies, provide support to children orphaned by the pandemic, and create programs that provide emotional and financial support to families and communities affected by the disease.

If you choose Health, take three courses from any of the following areas:

- **Biology:** Any courses. Recommended courses include:
 - BIOL 1305- Human Biology for the Informed Citizen
 - BIOL 1309- Human Genetics and Society
 - BIOL 1334- Human Anatomy and Physiology
 - BIOL 1344- Human Anatomy and Physiology 2

- **Communication:** Any health related Communication courses. Recommended courses include:
 - COMM 3300- Health Communication
 - COMM 3302- E-Health and Telemedicine
 - COMM 3303- Health Literacy
 - COMM 3304- Multicultural Health Communication
 - COMM 3340- Health Campaigns

- **Health Education:** Any courses. Recommended courses include:
 - HLT 1353- Personal Health
 - HLT 2320- Introduction to Public Health
 - HLT 3306- Environmental Health
 - HLT 3380- Culture & Health
 - HLT 3381- Health Promotion and Disease Prevention
 - HLT 4317: Foundations of Epidemiology in Public Health

- **Honors- Medicine and Society:** Any medical related Honors courses. Recommended courses include:
 - HON 3300- Introduction to Social Medicine
 - HON 3301- Readings in Medicine and Society
 - HON 3302- Readings in Public Health & Community Medicine
 - HON 3303- Readings in Mental Health & Society
 - HON 3306- Health & Human Rights

- **Nursing:** Any courses. Recommended courses include:
 - NURS 3311- Health Assessment Across the Life Span
 - NURS 3332- Nursing Professional Role II
 - NURS 4322- Policy, Politics, and Ethics in Professional Nursing Practice
 - NURS 4521- Community Health Nursing

- **Nutrition:** Any courses. Recommended courses include:
 - NUTR 2232- Intro to Human Nutrition
 - NUTR 3340- Nutrition in the Life Cycle
 - NUTR 4334- Community Nutrition
 - NUTR 4352- Child and Adolescent Nutrition
 - NUTR 4353- Cultural Competency for Nutrition Professionals

- **Spanish:** Any Spanish for Health Professions courses. Recommended courses include:
 - SPAN 3343- Spanish for the Health Professions
 - SPAN 4343- Healthcare and Society in the Hispanic World

- **Sociology:** Any of the courses listed below:
 - SOC 3352- Population Studies
 - SOC 3353- Health Disparities (*available fall 2020*)
 - SOC 3380- Intro to the Sociology of Health Care

And build 50 hours of **related** field experience through an activity such as:

- For UH Health Education majors and minors, students are required to take 160 internship hours in the field during one semester and this would fulfill the field experience requirement. A list of organizations that offer health internships to any UH student can be located here:
 - [UH Field Work in Community Health Internship Sites](#)
- Volunteer or work experience in such areas as HIV/AIDS outreach, hospice, family planning counseling, emergency medical technician (EMT) or CPR teaching/certification, maternal health, and hands-on caregiving in a hospital, clinic, or lab technician setting. Some options in the community include:
 - [Houston Hospice](#)
 - [AIDS Foundation Houston](#)
 - [Houston Methodist Hospital](#)
 - [Legacy Community Health](#)
 - [DAWN Center](#)
- Working as a resident advisor in a dormitory, as a peer nutritionist, or as a sexually transmitted infections counselor
- A UH volunteer opportunity designing, delivering, and evaluating health education targeting Hispanic and African American youth and families: [BOUNCE](#)
- For field experience in a hospital alongside world-class healthcare providers, you can look into volunteering with: [Harris Health](#)
- Here are some Public Health volunteer experiences within the Houston community: [Harris County Public Health](#)
- University of Houston 'Community Health Worker (CHW) Initiative allows you to gain field experience by taking an active role in health related activities in the community, with an option to serve in Spanish-speaking centers. This program also offers CHW certification for those interested in working in community health settings (certification requires 160 hours through classroom and project hours): [Community Health Worker Initiative](#)

3. ENVIRONMENT

Help forge a global movement to protect our planet. Volunteers lead grassroots efforts in their communities to protect the environment and strengthen understanding of environmental issues. They teach environmental awareness in elementary and secondary schools and to youth groups and community organizations, empowering communities to make their own decisions about how to protect and conserve the local environment. Volunteers also address environmental degradation by promoting sustainable use of natural resources.

If you choose Environment, take three courses from any of the following areas:

- **Architecture:** Any courses from the list below:
 - ARCH 3367- Sustainable Architecture
 - ARCH 3368- Sustainable Development
 - ARCH 3397- Green Building
 - ARCH 3397- Landscape/ Ecology / Urbanization
 - ARCH 3397- Sustainability Workshop
 - ARCH 4373- Urban Environments

- **Biology:** Any courses. Recommended courses include:
 - BIOL 1361- Introduction to Biological Science
 - BIOL 1362- Introduction to Biological Science
 - BIOL 2315- Biology of Food
 - BIOL 3305- Biodiversity
 - BIOL 3359- Environmental Biology of Texas
 - BIOL 3368- Ecology

- **Energy & Sustainability:** Any courses. Recommended courses include:
 - ENRG 3310- Introduction to Energy and Sustainability
 - ENRG 4320- Case Studies in Energy and Sustainability
 - ENRG 4397- Selected Topics in Energy and Sustainability
 - ENRG 4398- Independent Study in Energy and Sustainability

- **Geology:** Any courses. Recommended courses include:
 - GEOL 1302- Introduction to Global Climate Change
 - GEOL 1340- Earth Systems
 - GEOL 3331- Environmental Geology
 - GEOL 3333- Earth Resources
 - GEOL 3338 – Environmental Hydrogeology
 - GEOL 3342- Introduction to Air Pollution
 - GEOL 4334- Environmental Data Analysis
 - GEOL 4339- Biogeochemistry
 - GEOL 4365- Environmental Geochemistry

- Any three sustainability related courses listed on the [UH Office of Sustainability](#) webpage or any three electives as part of the Honors [Energy & Sustainability minor](#).

And build 50 hours of **related** field experience through an activity such as:

- Geology and Geophysics majors are required to do field research as part of their degree. These field research courses would count towards field experience hours. Students must register for this field research through one of the courses below:
 - GEOL 3355-3360- Field Geology (Required for Geology majors)
 - GEOL 4335- Geophysical Field Camp (Required for Geophysics majors)
 - GEOL 4356- Environmental Science Field Research
- Get involved with the [UH Office of Sustainability](#) (bike share, recycling, outreach, community garden, etc.)
- Educating the public on environmental or conservation issues, or working on environmental campaigns
 - [Citizens' Climate Lobby](#)
- Conducting biological surveys of plants or animals
 - [Urban Wildlife Program](#)
- Gardening, farming, nursery management, organic or low-input vegetable production, or landscaping. Some options in Houston include:
 - [Urban Harvest](#)
 - [Plant it Forward Farms](#)
 - [Finca Tres Robles](#)
- Providing technical assistance and training in natural resource management and evaluation
 - [Texas Hydrogeo workshop](#)
- Some environmental volunteer opportunities at UH and in the Houston area include:
 - [Citizens' Environmental Coalition](#)
 - [Houston Parks Board](#)
 - [Texas Adopt-A-Beach](#)
 - [UH Coastal Center](#)
 - [Bayou Preservation Association](#)
 - [Memorial Park Conservancy](#)
 - [Keep Houston Beautiful](#)
 - [Buffalo Bayou Partnership](#)
 - [Galveston Bay Foundation](#)

4. AGRICULTURE

Lead grassroots efforts to fight hunger in a changing world. Agricultural Volunteers work with small-scale farmers and families to increase food security and production and adapt to climate change while promoting environmental conservation practices. They introduce farmers to techniques that prevent soil erosion, reduce the use of harmful pesticides, and replenish the soil. They work alongside farmers on integrated projects that often combine vegetable gardening, livestock management, agroforestry, and nutrition education.

If you choose Agriculture, take three courses from any of the following areas:

- **Anthropology:**
 - ANTH 3342- Food and Culture
- **Biology:** Any courses. Recommended courses include:
 - BIOL 1353- Pre-nursing Microbiology Lab
 - BIOL 1153 Pre-nursing Microbiology Lab
 - BIOL 2315- Biology of Food
 - BIOL 3345- Plant Physiology
 - BIOL 3368- Ecology
- **General Business Administration:** Any courses. Recommended courses include:
 - GENB 3302- Connecting Bauer to Business (only open to business majors)
- **International Business:** Any courses. Recommended courses include:
 - INTB 3354- Introduction to Global Business
 - INTB 3355- Global Environment of Business
- **Economics:** Any courses. Recommended courses include:
 - ECON 2301- Global Economic Concepts
 - ECON 3348- Food, Agriculture and the Environment
- **Health Education:** The course below:
 - HLT 3380- Culture and Health (Masters Growers Club)
- **Human Nutrition and Foods:** Any courses. Recommended courses include:
 - NUTR 2133: Food Science Lab I
 - NUTR 2332: Intro to Human Nutrition
 - NUTR 2333: Food Science I
 - NUTR 2333- Commercial Food Production I

And build 50 hours of **related** field experience through an activity such as:

- Volunteering with the community garden on campus through the [UH Office of Sustainability](#).
- Working with a large-scale or family-run business involving vegetable gardening, farming, nursery work, tree planting or care, urban forestry, landscaping, livestock care and management, or fish cultivation and production. Some options in Houston include:
 - [Urban Harvest](#)
 - [Plant It Forward Farms](#)
 - [Finca Tres Robles](#)
 - [Houston Livestock Show and Rodeo](#)
 - [Trees for Houston](#)
- Teaching or tutoring the public in environmental or agricultural issues/activities
 - [Center for Urban Agriculture and Sustainability](#)
- Working on the business management or marketing side of a commercial farm

5. YOUTH IN DEVELOPMENT

Empower the next generation of change makers. Volunteers work with youth in communities on projects that promote engagement and active citizenship, including gender awareness, employability, health and HIV/AIDS education, environmental awareness, sporting programs, and info technology.

If you choose Youth in Development, take three courses from any of the following areas:

- **Health Education:** Any courses. Recommended courses include:
 - HLT 3303- Health of the Elementary School Child
 - HLT 3304- Adolescent Health Issues

- **Human Development and Family Studies:** Any courses. Recommended courses include:
 - HDFS 2317- Introduction to Human Development and Interventions
 - HDFS 3300 – Introduction to Education Psychology
 - HDFS 4315- Culture and Diversity in Human Development
 - HDFS 4317- Theory & Practice in Programs for Young Children I
 - HDFS 4320- Evaluating Educational Programs for Young Children

- **Kinesiology:** Any courses. Recommended courses include:
 - KIN 1352-Foundations of Kinesiology, Health, and Fitness
 - KIN 3305- Sociological and Cultural Aspects of Sport
 - KIN 3301- Design and Evaluation of Physical Activity Programs

- **Psychology:** Any courses. Recommended courses include:
 - PSYC 1300- Introduction to Psychology
 - PSYC 2344- Cultural Psychology
 - PSYC 2351- Psychology of Adolescence

- **Sociology:** Any courses. Recommended courses include:
 - SOC 1300- Intro to Sociology
 - SOC 3390- Sociology of Gender
 - SOC 3328- Race and Ethnicity in World Perspective

- **Women’s, Gender, & Sexuality Studies:** Any courses. Recommended courses include:
 - WGSS 2350- Introduction to Women’s Studies
 - WGSS 2360- Introduction to GLBT Studies
 - WGSS 3321- Gender in Transnational Perspective
 - WGSS 3322- Intersectionalities of Race, Class, Age, Disability & Gender
 - WGSS 3396- Selected Topics GLBT Studies

And build 50 hours of **related** field experience through an activity such as:

- Teaching or counseling in at-risk youth programs. Some options in the Houston community include:
 - [Parks Youth Ranch](#)
 - [Third Ward Initiative](#)
 - [SER](#)

- Volunteer with Refugee Youth:
 - [Partnership for the Advancement and Immersion of Refugees](#)
 - [The Alliance](#)
 - [Interfaith Ministries](#)
 - [SEWA International](#)

- [DAYA](#)- A Non-Profit Organization that promotes health family relationships in the South-Asian community by providing services to women and children affected by family violence and sexual assault. Volunteers can work in educational seminars and client advocacy.

- Activities that involve planning, organizing, assessing community needs, counseling, and leadership, in areas such as education, youth development, health and HIV/AIDS, the environment, and/or business

6. COMMUNITY ECONOMIC DEVELOPMENT

Harness 21st-century tools to help communities lift themselves. Volunteers work with development banks, nongovernmental organizations, and municipalities to strengthen infrastructure and encourage economic opportunities in communities. They frequently teach in classroom settings and work with entrepreneurs and business owners to develop and market their products. Some Volunteers also teach basic computer skills and help communities take advantage of technologies such as e-commerce, distance learning, and more.

If you choose Community Economic Development, take three courses from any of the following areas:

- **Accounting:** Any courses. Recommended courses include:
 - ACCT 2331- Accounting Principles 1- Financial
 - ACCT 2332- Accounting Principles 2- Managerial
 - ACCT 3366- Financial Reporting Frameworks

- **Art:** Any Art courses related to Graphic Design. Recommended courses include:
 - ART 1330- Fundamentals of Graphic Design
 - ART 3330- Intermediate Graphic Design
 - ART 3331- Graphic Design Software

- **Communications:** Any classes related to mass communication. Recommended courses include:
 - COMM 1301- Media and Society
 - COMM 3353- Information & Communication Technologies I
 - COMM 3379- Popular Culture and the Mass Media

- **Computer Science:** Any courses. Recommended courses include:
 - COSC 1300- Introduction to Computing
 - COSC 1304- C Programming
 - COSC 1306- Computer Science and Programming

- **Entrepreneurship:** Any courses. Recommended courses listed below. *Note: Students who take ENTR courses are recommended to pursue one of the [Entrepreneurship certificates](#) offered at the UH Wolff Center for Entrepreneurship.*
 - ENTR 3310- Entrepreneurship
 - ENTR 3311- Technology Entrepreneurship
 - ENTR 3312- Corporate Entrepreneurship
 - ENTR 3321- Social Entrepreneurship
 - ENTR 4393- RED Labs Pre-Accelerator
 - ENTR 4394- RED Labs Accelerator

- **Finance:** Any courses. Recommended courses include:
 - FINA 3332- Principles of Financial Management
 - FINA 4353- Practicum on Personal Finance Planning
 - FINA 4355- International Risk Management
 - FINA 4360- International Financial Management

- **General Business Administration:** Any courses. Recommended courses include:
 - GENB 3302- Connecting Bauer to Business (only open to business majors)

- **International Business:** Any courses. Recommended courses include:
 - INT 3354- Introduction to Global Business
 - INTB 3355- Global Environment of Business

- **Marketing:** Any courses. Recommended courses include:
 - MARK 3336- Introduction to Marketing
 - MARK 3339- Marketing Strategy & Planning
 - MARK 4332- Social Media Marketing
 - MARK 4366- International Marketing

- **Mathematics:** Any of the courses below:
 - MATH 1311: Elementary Mathematical Modeling
 - MATH 1313: Finite Mathematics with Applications
 - MATH 1314: Calculus for Business and the Life Sciences
 - MATH 2311: Introduction to Probability and Statistics

- **Sociology:** Any of the courses below:
 - SOC 3341- Organizations (*available fall 2020*)
 - SOC 3342- The Sociology of Work
 - SOC 3357- Urban Sociology

- **Social Work:** Any of the courses below. Note: The courses below are only open to undergraduate students who are part of the Non-Profit Leadership Alliance program.
 - SOCW 3330- Nonprofit Financial Management
 - SOCW 3354- Nonprofit Management
 - SOCW 4301- Internship in Human Services

And build 50 hours of **related** field experience through an activity such as:

- Working with businesses, organizations, or cooperatives in accounting, finance, microfinance, management, project management, budgeting, or marketing. Look into interning with any of these offices:
 - [Asian Chamber of Commerce](#)
 - [Greater Houston Partnership](#)
 - [Houston International Trade Development Council](#)
 - [Indo-American Chamber of Commerce of Greater Houston](#)
 - [South Asian Chamber of Commerce](#)

- Starting and running your own business or other entrepreneurial activity. Some entrepreneurial centers to check out include:
 - [Wolff Center for Entrepreneurship](#) – Located on UH Campus
 - [Station Houston](#)
 - [Chick Tech Houston](#)

- Website design or online marketing or training others in computer literacy, maintenance, and repair:
 - [IEDA Relief](#)

- A UH social entrepreneurship program that provides free financial and business education, ongoing business consulting, and prepares entrepreneurs to access capital. They facilitate partnerships between UH students, industry experts, and entrepreneurs from under-resourced communities:
 - [Stimulating Urban Renewal through Entrepreneurship \(SURE\)](#)

- A UH student organization that empowers volunteers and under-resourced communities to resolve global health and economic disparities in an effort to improve equality:
 - [Bauer Global Brigades](#)

- If you have an interest in the non-profit sector, we recommend doing the Nonprofit Management Certificate & Credential Program at UH:
 - [Nonprofit Leadership Alliance](#)

- Here are some governmental and non-profit offices who are regularly looking for interns:
 - [World Affairs Council](#)
 - [Asia Society](#)
 - [City of Houston, Mayor's Office of Trade and International Affairs](#)

Nearly two-thirds of Peace Corps Volunteers serve in Education or Health. Coursework and meaningful experience in one of these areas—especially teaching English as a second/foreign language—produce some of the strongest candidates.

2. FOREIGN LANGUAGE SKILLS

Requirements vary by region of interest

Building foreign language skills is an important element of the PC Prep curriculum. Where would you like to serve?

PC Prep minimum language course requirements vary by region located below:

- Latin America: Students indicating an intention to serve in Spanish-speaking countries must build strong intermediate proficiency, having completed **two upper-division (2000 or higher) courses** or learned Spanish through another medium. Students who already speak Spanish may submit proof of proficiency through placement exam or by written documentation from a faculty member from that language department verifying proficiency level.
- West Africa: Students indicating an intention to serve in French-speaking African countries must build proficiency in French or another Romance language, having completed **one upper-division (2000 or higher) course** or learned the language through another medium. Students who already speak a Romance language may submit proof of proficiency through placement exam or by written documentation from a faculty member from that language department verifying proficiency level.
- Everywhere else: Students indicating an intention to serve anywhere else have **no explicit language requirements** to complete the Program, but are encouraged to take at least one foreign language class.

3. INTERCULTURAL COMPETENCE

3 approved courses or 1-2 courses + substantive intercultural experience

Engaging thoughtfully
and fluidly across

cultures begins with one's own self-awareness. With this learning objective, you will deepen your cultural agility through a **mix of global courses, intercultural activities, and/or learning abroad**. You will learn about others while reflecting upon your own self in relation to others. The goal is for you to build your capacity to shift perspective and behavior around relevant cultural differences.

- **Complete three self-reflective courses focused on diversity and inclusion or the study of a marginalized group.** Visit our website to view the [approved course list](#). *Please note: This is not an exhaustive list. Is there another course in the catalog that you feel meets this requirement? Please submit a syllabus of the course to the PC Prep Coordinator for consideration.*
- **Students may substitute one or two courses with a learning abroad experience if was in one of the [Peace Corps Countries](#).** Programs one week to a summer in length may substitute for one global course and those lasting one semester may substitute for two global courses. Please visit the Learning Abroad Office for more information about programs and scholarship opportunities or find information on the [Learning Abroad website](#).
- **Students may substitute one of the above courses with a prolonged (40 hrs+) intercultural activity** (such as interning or volunteering with a global organization or diverse populations) with written documentation. Depending on the activity, it may also count towards the hands-on experience or leadership requirement.

Peace Corps Prep students are also encouraged to complete the [Global Citizens Credential](#) (GCC) as completing the above will qualify you to earn points towards the program and may further strengthen your Peace Corps application!

4. PROFESSIONAL AND LEADERSHIP DEVELOPMENT

Resume and interview support + leadership experience

Peace Corps service and similar international development work

opportunities are highly professional and selective. PC Prep requires **three specific activities** that will strengthen your candidacy for the Peace Corps (or any other professional endeavor):

1. Make an appointment to have your **resume** reviewed by someone in [Career Services](#).
2. Attend an **interview workshop** or schedule a **mock interview** with a career counselor in [Career Services](#).
3. Develop at least one significant **leadership experience** and be prepared to discuss it thoughtfully. For example, organizing a campus event, leading a work or volunteer project, or serving as a leader of a student organization.

Students should visit the UH University Career Services to receive support with resume and interview skills. Students are also encouraged to visit the [Center for Student Involvement](#) to learn about how to gain leadership experiences on campus. For more information about student organizations available on campus, please visit: <https://uh.campuslabs.com/engage/organizations>.