

UNIT REPORT

FY24 Assessment Plan

Generated: 11/8/23, 2:48 PM

Cougars in Recovery Mission**Description:**

Cougars in Recovery aspires to redefine the college experience for students in and seeking recovery from substance use and mental health disorders through recovery support services, community events, as well as professional and leadership development.

Date last revised: 08/01/2021

Cougars in Recovery Vision**Description:**

To create an environment where recovering students can experience a reclamation of agency in the areas of education, self-efficacy, leadership, and professional opportunities.

Date last revised: 08/01/2021

1 Program Services**Description:**

To deliver programming that focuses on recovery, mental health, and well-being in order for students to have an opportunity to thrive.

2 Community Engagement**Description:**

Create an environment where student have a sense of belonging through community events that are in the spirit of healing and recovery.

3 Professional Development**Description:**

Provide CIR staff opportunities to experience professional development by attending continuing education unit provided by eating and substance use treatment providers locally and presenting/attending national conferences focused on higher education administration.

4 Leadership Development**Description:**

Through Source of Strength Leadership Program, students receive leadership training and mentorship opportunities within the CIR community. As a result of participating in the SOS Leadership Program, mentees will be able to: Demonstrate interpersonal effectiveness (communication, interpersonal relationships) Develop life skills (time management, study skills, etc.) Explore their career path by discovering their interests and opportunities for the future Exhibit increased confidence in self-efficacy

1 Program Impact on Recovery/Belonging

Program/Service Being Assessed: Sense of belonging, Academic success, substance use, and mental health support

Assessment Method: Both (quantitative and qualitative)

Description of Assessment Activity:

CIR staff administers a program survey to its community members each semester to collect data on the recovery support service programming provided. These areas include Community Check-In, CIR Lounge, Recovery meetings, Recovery Housing, Recovery Activities, Access to Staff, Mentoring from Staff, Outdoor Adventure Learning Experience, Source of Strength Leadership Program, and Career Ready Coogs Professional Development Program. All community members will receive the same survey and answers will be collected and reported anonymously. The data collected will be recorded in an Excel spreadsheet according to the students response and various charts and graphs will be generated to illustrate the data.

Include specific questions on the CIR Semester Program Survey that target capturing information regarding whether or not students feel like they are being served equally amongst their peers. i.e. do you feel welcome within the CIR community? What are some barriers of the CIR program you see? How often do you hear your peers use discriminatory language regarding race, ethnicity, sexual orientation, or religion?

Frequency / Timeline of Assessment Activity:

The CIR program survey will be administered at the conclusion of the Fall and Spring semesters.

Connection to Goals/Mission:

This activity aligns with the department's community engagement goal of creating a space that is welcoming and excepting of all students.

2 Program impact on academics

Program/Service Being Assessed: Sense of belonging, Academic, substance use, and mental health support

Assessment Method: Quantitative

Description of Assessment Activity:

Each semester CIR community member's GPA will be retrieved from the Navigate application. All community member's GPA will be calculated to find the community average GPA. This activity will inform CIR staff if a students participation in recovery and mental health programming is related to a students academic success.

Frequency / Timeline of Assessment Activity:

CIR staff will pull data of community members semester GPA's from Navigate for Fall and Spring semesters. Academic GPA's will be calculated at the close of the Fall and Spring semesters.

Connection to Goals/Mission:

This activity aligns with the department's student success goal.

3 LLC Recovery Housing Impact on Recovery and Academics

Program/Service Being Assessed: Living Learning Community Recovery Housing

Assessment Method: Quantitative

Description of Assessment Activity:

The subject of the assessment will be CIR community members that are residents of Recovery Housing. The academic GPA's and recovery rate of residents will be compared to those of the community at large. This will allow CIR staff to identify trends, if any, on the impact of recovery housing on academic GPA's and recovery rates. Recovery rates will be retrieved via an anonymous student survey administered at the close of the Fall and Spring semesters. Academic GPA's will be gathered via the Navigate application.

Frequency / Timeline of Assessment Activity:

CIR staff will pull data of community members from Navigate and compare Recovery Townhouse student's GPA's to commuter community members GPA's for the Fall and Spring semesters. CIR will also look at the mean and the median of community members in order to not let outliers drive the narrative. Academic GPA's will be calculated at the close of the Fall and Spring semesters.

Connection to Goals/Mission:

This activity aligns with the department's student success goal.

4 CRC Staff to Student Ratio and Student Success

Program/Service Being Assessed: CRC Staff to Student Ratio

Assessment Method: Both (quantitative and qualitative)

Description of Assessment Activity:

A survey will be created to capture information about the staff to student ratio to see if CIR is comparable to other programs. Once the survey is complete, it will be sent out to specific collegiate recovery programs that are either in the Big 12 or top 50 institutions and that are housed within student affairs.

Frequency / Timeline of Assessment Activity:

This survey will be a one time assessment activity. The data will be analyzed at the end of the year or when all the participants have responded to the survey.

Connection to Goals/Mission:

This activity directly aligns with CIR's student success goals/